



A BINGDON

Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Roasted butternut squash	Creamy cauliflower	Carrot and coriander	Leek and potato	Mushroom and truffle oil	FAVOURITES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and mixed salad selection	Simple and mixed salad selection
Main Meal	WORLD TASTES Chinese sweet and sour pork	FAVOURITES Slow cooked beef cottage pie	BUILD YOUR OWN Chicken with creamy tomato and basil sauce	FAVOURITES Glazed gammon pork joint with gravy	FAVOURITES Battered fish goujons with tartare sauce and lemon	Hunters chicken with bacon	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Sticky soy and ginger tofu, tempura broccoli	VEGETARIAN Quorn, carrot and lentil cottage pie	VEGETARIAN Goats cheese, tomato and basil gnocchi	PLANT BASED Baked cauliflower with lentil stew	VEGETARIAN Battered halloumi with tzatziki yoghurt sauce	VEGETARIAN Cauliflower and cheese pasta bake	Chef's choice plant based / vegetarian
Carbohydrate	Egg noodles	Chessy mash potato topping	Penne pasta	Roasted potatoes	Chunky chips	Sliced baked potatoes	Chef's Choice
Vegetable ONE	Oriental green vegetables	Roasted root vegetables	Herb courgettes	Seasonal mixed vegetable	Garden peas	Green beans	Chef's choice
Vegetable TWO	Baby corn	Green beans	Roasted peppers	Broccoli	Mushy peas	Coleslaw	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Baked beans Sour cream Grated cheese	HOT SANDWICH BAR Toasted paninis Meat feast Tuna melt Mozzarella and tomato	JACKET POTATO BAR Chef's choice topping Baked beans Sour cream Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots		
Warm / Cold Dessert	Chocolate cake	Apple and blackberry crumble	Eton mess	Syrup sponge with custard	Chocolate brownie	Homemade muffins	Chef's choice dessert



ABINGDON

Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Tomato and white bean	Sweet potato and coconut	Parsnip and apple	Kale and pearl barley	Creamy white onion and roast garlic	FAVOURITES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and composite salad selection	Simple and mixed salad selection	Simple and mixed salad selection
Main Meal	WORLD TASTES	STREET FOOD	BUILD YOUR OWN	FAVOURITES	FAVOURITES	Chicken with creamy paprika sauce	Chef's choice main meal
	Slow cooked beef chilli con carne	Chicken thighs with barbecue sauce	Roasted turkey crown with gravy	Pork meatballs with tomato and herb sauce	Beef burger, tomato and lettuce		
Plant Based Vegetarian	PANT BASED	VEGETARIAN	PLANT BASED	PLANT BASED	VEGETARIAN	Mushroom stew	Chef's choice plant based / vegetarian
	Soy mince and bean chilli sin carne	Caramelised red onion and blue cheese and tart	Salt baked celeriac with rosemary sauce	Vegan herb meatballs, tomato and herb sauce	Battered vegetarian sausage		
Carbohydrate	Braised rice	New potatoes	Roasted potatoes	Tagliatelle pasta	Skinny fries	Steamed rice	Chef's Choice
Vegetable ONE	Macho peas	Mixed peppers	Seasonal roasted root vegetables	Herb and garlic bread slice	Celeriac and carrot slaw	Braised leeks	Chef's choice
Vegetable TWO	Charred sweetcorn	Seasonal green vegetables	Cauliflower cheese	Courgettes	Onion rings	Broccoli	Chef's choice
Fast Track	PASTA BAR	JACKET POTATO BAR	HOT SANDWICH BAR	JACKET POTATO BAR	PASTA BAR	Chef's choice	Chef's choice
	Chef's choice sauce	Chef's choice topping	Toasted paninis	Chef's choice topping	Chef's choice sauce		
	Rich tomato sauce	Baked beans	Meat feast	Baked beans	Rich tomato sauce		
	Grated cheese	Sour cream	Mozzarella and tomato	Sour cream	Grated cheese		
	Basil pesto	Grated cheese	Garlic mushroom	Grated cheese	Basil pesto		
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Banana and chocolate chip sponge	Plum and apple crumble with custard	Blueberry cheesecake	Warm chocolate sponge with custard	Oat and cherry flapjack	Homemade muffins	Chef's choice dessert



Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Oriental vegetable and miso	Sweetcorn chowder	Creamy seasonal vegetables	Cauliflower and cheese	Chunky vine tomato	FAVOURITES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	Simple and composite salad selection	A selection of compound and simple salads	A selection of compound and simple salads
Main Meal	FAVOURITES Breaded chicken with katsu curry sauce	WORLD TASTES Slow cooked beef bolognaise	BUILD YOUR OWN Fennel sausage with chorizo and bean stew	BUILD YOUR OWN Roast pork loin with gravy and apple sauce	STREET FOOD Hot dog pork sausage with caramelised onion	Meat feast pizza	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Quorn fillet with katsu curry sauce	VEGETARIAN Tomato and mozzarella bruschetta	PLANT BASED Vegetable and bean paella	VEGETARIAN Mushroom and lentil wellington	VEGETARIAN Falafel and spinach brioche bun burger	Margarita pizza with basil	Chef's choice plant based vegetarian
Carbohydrate	Steamed rice	Penne pasta	Rice and grains	Roasted potatoes	Baked potato wedges	Skinny fries	Chef's Choice
Vegetable ONE	Asian vegetable stir-fry	Green beans	Sweet heart cabbage	Creamed leeks	Creamy coleslaw	Roast mixed peppers	Chef's choice
Vegetable TWO	Bok choy	Steamed broccoli	Carrots	Roasted root vegetables	Sweetcorn salsa	Roquette and parmesan salad, balsamic dressing	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Baked beans Sour cream Grated cheese	HOT SANDWICH BAR Toasted paninis Meat feast Mozzarella and tomato Garlic mushroom	JACKET POTATO BAR Chef's choice topping Baked beans Sour cream Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots	Selection of whole fruit, dessert / yoghurt with toppings, jelly pots		
Warm / Cold Dessert	Jam and coconut slice	Autumn berry and apple crumble with custard	Chocolate and cherry cake	Sticky toffee pudding with custard	Chocolate shortbread	Homemade muffins	Chef's choice dessert