



Supper Week ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Hot and sour vegetables	Tomato, bean, avocado and chilli	Red bean and white cabbage	Creamy vegetable lasagna	Mushroom and oriental vegetables	Soup of the day	Soup of the day
Salad Bar	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection
Main Meal	Soya and honey glazed chicken with spring onion	Beef fajita, sliced peppers, cheese and sour cream	Duck with black bean sauce, red pepper and onion	Szechuan pork and green bean stir-fry	Burmese fish curry with coconut milk	Traditional beef lasagne	Chef's choice
Main Vegetarian Plant Based	Hoisin tofu and oriental vegetable bowl	Quorn strips with sliced peppers and cheese	Tofu with black bean sauce	Cauliflower and chickpea curry with scented rice	Myanmar green bean and egg curry	Four cheese pizza	Chef's choice
Carbohydrate	Stir-fried noodles	Braised rice	Diced potato with spring onion	Rice noodles	Steamed rice	Baby baked potatoes	baked potatoes
Vegetable	Oriental greens	Mexican corn and peppers	Pak choy, Tenderstem broccoli	Snow peas	Roasted aubergine and butternut squash	Roasted Fennel and pepper salad	Seasonal vegetables
Why Not...	Mini spring rolls	Loaded nachos	Prawn crackers	Sweet chilli rice crackers	Okra fries with dipping sauce selection	Herb and garlic slice	Chef's choice... why not
Fruit & More	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots
Dessert	Lemon tart	Triple chocolate mousse	Whoopie pie	Tropical fruit trifle pot	Jam Doughnut	Chef's choice	Chef's choice

Supper Week TWO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Tom kha hoo	Kimchi cabbage broth	Mushroom and soya	Spiced butternut squash	Sweetcorn chowder	Soup of the day	Soup of the day
Salad Bar	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection
Main Meal	Thai panang pork curry	Chicken bulgogi with spring onion, honey and rice wine	Char siu pork	Malaysian beef rendang	Smoked pork sausage hot dog with topping and sauce selection	Pulled beef with bao buns	Chef's choice main meal
Main Vegetarian Plant Based	Thai red butternut squash and sweet potatoes	Tofu and mushroom bulgogi	Char siu tempeh	Nasi Goreng, fried rice with vegetables and soy sauce	Courgette with tomato chutney and crumbled feta cheese	Pulled jackfruit with bao buns	Chef's choice vegetarian
Carbohydrate	Steamed jasmine rice	Glass noodles	Special fried rice	Egg noodles	Rustic potato wedges	Fried vegetable rice	Chef's choice
Vegetable	Broccoli florets	Warm pickled vegetable	Garlic green beans	Spiced carrots	Coleslaw	Asian greens	Chef's choice
Why Not...	Oriental vegetable dumplings	Korean yachae twigim battered vegetables	Spring rolls with dipping sauce	Mini vegetable samosa with yoghurt sauce	Fried pickles	Chef's choice	Chef's choice
Fruit & More	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots
Dessert	Treacle tart	Summer berry fool	Cupcake selection	Yoghurt with berry and granola topping	Chocolate eclairs	Chef's choice	Chef's choice



ABINGDON

Supper Week THREE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Egg drop and spring onion	Tomato and basil	Sweet potato and ginger	Watercress and spinach	Creamy leek with cheese	Soup of the day	Soup of the day
Salad Bar	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection	Simple and composite salads with topping and dressing selection
Main Meal	Smoked chicken ramen with boiled eggs	Slow cooked pork with gremolata	Jamaican jerk chicken	Braised beef with bacon and baby onion one pot	Salmon fish cake with creamed grain mustard sauce / tomato sauce	Barbecue chicken thighs	Chef's choice main meal
Main Vegetarian Plant Based	Hoisin cauliflower steaks	Baked goats cheese, olive tapenade and red onion jam	Jerk aubergine with fried plantain	Broccoli and blue cheese quiche	Bubble squeak with poached egg and white butter sauce	Sweet hispi cabbage	Chef's choice vegetarian plant based
Carbohydrate	Egg noodles	Potatoes wedges	Rice and peas	Sauteed potatoes	Steamed new potatoes	Skinny fries	Roasted potato
Vegetable	Steamed bok choy with oyster sauce	Tenderstem broccoli	Roasted romanesco	French beans	Carrots and broccoli	Creamy slaw	Seasonal vegetables
Why Not...	Prawn crackers	Cauliflower bites	Jamosas with ackee dip	Toasted panini	Mac 'n' cheese	Chef's choice... why not	Chef's choice... why not
Fruit & More	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots	Whole and cut fruit selection, yoghurt with topping pots, jelly pots
Dessert	Chocolate tart	Raspberry and white chocolate mousse	Lemon meringue pie	Black forest pot	Yum yum	Chef's choice dessert	Chef's choice dessert