



Menu ONE



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	New season pea and mint	Carrot and fresh ginger	Roasted bell peppers	Creamy celery	Roasted tomato and red peppers	WEEKEND VIPES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	Italian sausages with onion and sliced peppers	Butter chicken with poppadums and raita and mango chutney	Roasted pork loin with apple sauce	General Tso's chicken with prawn crackers	Beef / breaded chicken burger with topping and sauce selection	Piri piri chicken breast	Chef's choice main meal
Vegetarian Vegan	Beaded mozzarella balls with cauliflower steaks	Loaded mini naan bread with tika paneer chilli salsa	Ultimate marconi cheese with garlic dough balls	Spiced cauliflower with coconut lentils	Bean and beetroot burger with spiced slaw	Magarita pizza	Chef's choice plant based vegetarian
Carbohydrate	Parmesan mashed potatoes	Steamed basmati rice	Roasted potato	Jasmin rice	Skinny fries	Seasoned potato cubes	Chef's Choice
Vegetable ONE	Courgettes	Cauliflower	Broccoli florets	Oriental green vegetables	Sweetcorn	Green beans	Chef's choice
Vegetable TWO	Green beans	Aloo gobi	Root vegetables	Soy and garlic mooli	Onion rings	Roasted mixed vegetables	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Banana and toffee cake	Orange and marmalade sponge with custard	Seeded flapjack	Pear and cinnamon crumble with custard	Rocky road	Chef's choice dessert	Chef's choice dessert



Menu TWO



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Italian green broth	Creamy white onion	Butternut squash	Leek and cheese	Classic tomato with basil	WEEKEND VIBES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	Breaded chicken with lemon barbecue sauce	Turkish spiced minced lamb with butternut squash	Roasted turkey with stuffing balls	Beef bolognese with herb and garlic bread slice	Fish of the day and homemade pie selection	Beaded chicken fillet burger	Chef's choice main meal
Vegetarian Vegan	Marinated tofu with barbecue sauce	Tagine with aubergine and apricots	Wild mushroom and ruby beetroot pie	Tuscan vegetable lasagne	Battered halloumi cheese with tartar sauce	Spiced bean burger	Chef's choice plant based vegetarian
Carbohydrate	New potatoes	Braised rice/ Cous cous	Roasted potato	Tagliatelle	Chunky chips	Skinny fries	Chef's Choice
Vegetable ONE	Spring vegetable salsa	Roasted mixed peppers	Roast root vegetables	Mediterranean roasted vegetables	Garden peas	Creamy coleslaw	Chef's choice
Vegetable TWO	Hispi cabbage	Broccoli florets	Green seasonal vegetables	Lemon courgette	Mushy peas	Boston beans	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	Lemon crumble cake	Red berry jam sponge with custard	Vanilla cheesecake	Caramel apple crumble with custard	White chocolate and raspberry blondie	Chef's choice dessert	Chef's choice dessert



Menu THREE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Curried cauliflower	Turnip and apple soup	Potato and wild garlic	Spring vegetable minestrone	Sweetcorn chowder	WEEKEND VIPES	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection
Main Meal	Satay meat balls with pickled ginger, coconut	Pesto and lemon chicken	Glazed gammon joint with pineapple	Massaman beef curry	Hot dog, pork sausage in a soft roll	Traditional beef lasagne	Chef's choice main meal
Vegetarian Vegan	Green pea and wild garlic risotto	Broccoli and cannellini bean and peppers	Butter bean and roasted beetroot filo pie	Stilton, broccoli and red onion frittata	Quorn chilli sin carne	Creamy four cheese tortellini	Chef's choice plant based vegetarian
Carbohydrate	Steamed jasmine rice	Penne pasta	Roasted potato	Egg noodles	Potato wedges	Garlic dough balls	Chef's Choice
Vegetable ONE	Sticky carrots	Seasonal root vegetables	Sweetcorn	Butternut squash	Spiced slaw	Roasted mixed peppers	Chef's choice
Vegetable TWO	Oriental mixed greens	Courgette	Seasonal mixed vegetables	Green beans	Cauliflower	Italian garden salad	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	Spiced carrot cake	Chocolate chip sponge with custard	Lemon and blueberry cake	Forest fruit and apple crumble with custard	Chocolate brownie	Homemade muffins	Chef's choice dessert