



Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Tomato and basil	Tom yum and tofu	Courgette and lemon	Carrot and coriander	Spiced cauliflower	PROPER BURGER	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	BELLA ITALIA Pork meatballs in tomato sauce	TASTE OF ASIA Thai green chicken curry	REAL GREEK Pork gyros	TASTE OF INDIA Creamy butter chicken curry	CHIP SHOP Catch of the day Pasta bake of the day	Beef and cheese burger	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Spinach and ricotta tortellini and cream sauce	PANT BASED Oriental vegetable jungle curry	VEGETARIAN Grilled halloumi skewers	VEGETARIAN Bean and potato curry	PLANT BASED Vegetarian pie Vegan sausage	Tex-mex spiced bean burger	Chef's choice plant based vegetarian
Carbohydrate	Linguini pasta	Steamed rice	Pita bread	Braised rice	Chunky chips	Onion rings	Chef's Choice
Vegetable ONE	Couchette	Seasonal green vegetables	Seasonal root vegetables	Cauliflower	Garden peas Mushy peas	Fried pickles	Chef's choice
Vegetable TWO	Seasonal mixed vegetables	Sweetcorn	Green beans	Seasonal greens	Baked beans	Coleslaw	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Old school sprinkle cake	Blackberry crumble slice	Lemon and raspberry bake	Oat, apple and pear traybake	Chocolate oat flapjack	Homemade muffins	Chef's choice dessert



Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Tuscan beans	Sweetcorn and spring onion	Pea and mint	Mulligatawny	Creamy mushroom	HOUND DOG	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads
Main Meal	BELLA ITALIA Beef bolognaise tomato sauce	TASTE OF ASIA Sweet and sour pork	MEZZE FEAST Chicken shawarma	TASTE OF INDIA Chicken korma curry	CHIP SHOP Catch of the day Pasta bake of the day	Large pork sausage hot dog	Chef's choice main meal
Plant Based Vegetarian	VEGETARIAN Mushroom carbonara sauce	PLANT BASED Soy tofu and noodle stir-fry	VEGETARIAN Falafel, red cabbage slaw and yoghurt dressing	VEGETARIAN Paneer cheese and spinach curry	PLANT BASED Vegetarian pie Vegan sausage	Vegan sausage hot dog	Chef's choice Vegetarian / Plant Based
Carbohydrate	Penne pasta	Egg fried rice	Khobez flat bread	Braised rice	Chunky chips	Mac 'n' cheese bites	Chef's Choice
Vegetable ONE	Mediterranean vegetables	Garden peas	Seasonal root vegetables	Broccoli florets	Garden peas Mushy peas	Sweet potato wedges	Chef's choice
Vegetable TWO	Sauteed greens	Seasonal summer vegetables	Cauliflower	Seasonal mixed vegetable	Baked beans	Loaded nachos	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	White chocolate blondie	Banana and chocolate chip sponge	Peach melba cake	Blueberry crumble square	Chocolate chip bar	Homemade muffins	Chef's choice dessert



Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Roasted red pepper	Kimchi cabbage broth	Creamy broccoli	Lentil and beans	Mixed summer vegetables	CHICKEN STOP	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	BELLA ITALIA Carbonara bacon sauce	TASTE OF ASIA Satay 'no nut' chicken	AMERICAN DINER Proper beef burger	TASTE OF INDIA Chicken tikka masala curry	CHIP SHOP Catch of the day Pasta bake of the day	Grilled peri peri chicken	Chef's choice main meal
Plant Based Vegetarian	VEGETARIAN Puttanesca tomato sauce	PLANT BASED Korean bibimbap rice bowl	PLANT BASED Spiced bean burger	VEGETARIAN Chickpea and sweet potato curry	PLANT BASED Vegetarian pie Vegan sausage	Quorn nuggets	Chef's choice plant based vegetarian
Carbohydrate	Fusilli pasta	Steamed rice	Large floured bun	Braised rice	Chunky chips	Boston baked beans	Chef's Choice
Vegetable ONE	Mediterranean vegetables	Broccoli	Seasonal green vegetables	Green beans	Garden peas Mushy peas	Coleslaw	Chef's choice
Vegetable TWO	Courgette	Seasonal mixed vegetables	Mini sweetcorn cob	Seasonal summer vegetables	Baked beans	Cauliflower wings	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
	Lemon shortbread	Carrot cake	Victoria sponge	Seeded oat flapjack	Chocolate brownie	Homemade muffins	Chef's choice dessert



## Supper Week ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF ASIA	AMERICAN DINER	PROPER BURGER	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	BRUNCH & SUPPER CLUB
Soup	Hot and sour vegetable	Sweetcorn chowder	Sweet potato and kale	Tom yum vegetables	Spiced potato and lentils	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Kung pao chicken	Ultimate ham mac n cheese	Proper beef burger	Chow mein - Meatless	Chicken vindaloo curry	Meat-feast pizza	Chef's choice main meal
Main Vegetarian Plant Based	Tofu no nut satay	Tex-mex jackfruit	Grilled stuffed mushroom	Vegetable tempura	Lentil and beans curry	Creamy three cheese tortellini	Chef's choice vegetarian
Carbohydrate	Aromatic rice	Potato wedges	Skinny fries	Egg noodles	Aromatic rice	Herb and garlic slice	Roasted potato
Vegetables	Green beans	Southern slaw	Mini corn cobs	Oriental greens	Spiced carrots	Mediterranean vegetables	Seasonal vegetables
Why not	Mini spring rolls with dipping sauce	Cheesy garlic bread	Battered onion rings	Sweet and sour chicken bites	Spiced vegetable samosas	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Double chocolate chip mousse pot	Cheesecake with raspberry compote	Summer berry tart	Yoghurt, fruit coulis and granola pot	Iced ring doughnut	Chef's choice dessert	Chef's choice dessert



Supper Week TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF ASIA	MEXICAN KITCHEN	HOUND DOG	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	BRUNCH & SUPPER CLUB
Soup	Prawn tom yum	Seasonal green vegetables	Creamy broccoli	Udon noodle broth	Spiced sweet potato	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Soy and ginger pork	Beef chilli con carne	Marinated pork steak	Katsu – Meatless	Chicken madras curry	Double pepperoni pizza	Chef's choice main meal
Main Vegetarian Plant Based	Oriental vegetable stir-fry	Tex-mex bean stew	Vegan hot dog	Miso tofu with oriental greens	Potato and spinach dhal	Gnocchi with tomato and mozzarella sauce	Chef's choice vegetarian plant based
Carbohydrate	Egg noodles	Potato wedges	Potato wedges	Steamed rice	Braised rice	Herb and garlic slice	Roasted potato
Vegetables	Five spice carrots	Southern slaw	Caramelized onions	Broccoli	Curried cauliflower	Mediterranean vegetables	Seasonal vegetables
Why not	Prawn crackers with dipping sauce	Mac n cheese bites with hot sauce	Southern fried vegan nuggets	Sticky chicken wings	Naan bread	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Cheesecake with caramel sauce	Raspberry and cream mousse pot	Raspberry and white chocolate tart	Lemon posset and shortbread pot	Chocolate doughnut	Chef's choice dessert	Chef's choice dessert



Supper Week THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF ASIA	REAL GREEK	CHICKEN RUN	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	BRUNCH & SUPPER CLUB
Soup	Tofu and miso broth	Tomato and orzo pasta	Mixed beans	Pho noodle and vegetables	Pea and lentils	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Teriyaki chicken	Greek pork meat balls	Chipotle grilled chicken	Korean barbecue – Meatless	Lamb rogan josh curry	Barbecue chicken and sweetcorn pizza	Chef's choice main meal
Main Vegetarian Plant Based	Tofu and mushroom hot pot	Spanakopita spinach and feta cheese tart	Spiced breaded bean burger	Oriental vegetable pancakes	Spinach and chickpea curry	Wild mushroom risotto with baby spinach	Chef's choice vegetarian plant based
Carbohydrate	Steamed rice	New potatoes	Spiced diced potato	Steamed rice	Braised rice	Herb and garlic slice	Roasted potato
Vegetables	Broccoli	Green beans	Coleslaw	Kimchi cabbage	Sweet potato	Mediterranean vegetables	Seasonal vegetables
Why not	Vegetable dumplings with dipping sauce	Build-your-own loaded pita bread	Build-your-own loaded nachos	Teriyaki chicken drumsticks	Onion bhaji with dipping sauce	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Cheesecake with apricot compote	Butterscotch and banana mousse pot	Coconut and jam tart	Chocolate, cherry and cream pot	Jam doughnut	Chef's choice dessert	Chef's choice dessert