



Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Tom yum and tofu	Leek and potato	Courgette and lemon	Tomato and white beans	Carrot and coriander	PROPER BURGER	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	TASTE OF ASIA	POSH PIES	REAL GREEK	BELLA ITALIA	CHIP SHOP	Beef and cheese burger	Chef's choice main meal
	Thai green chicken curry	Hunter's chicken and bacon pie	Pork souvlaki	Beef bolognaise sauce	Catch of the day Pasta bake of the day		
Plant Based Vegetarian	PANT BASED	PLANT BASED	VEGETARIAN	VEGETARIAN	PLANT BASED	Tex-mex spiced bean burger	Chef's choice plant based vegetarian
	Oriental vegetable jungle curry	Quorn and bean chilli taco	Grilled halloumi skewers	Ricotta cheese and spinach sauce	Vegetarian pie Vegan sausage		
Carbohydrate	Coconut rice	Crushed potato	Pita bread	50 / 50 Pasta	Chunky chips	Onion rings	Chef's Choice
Vegetable ONE	Seasonal green vegetables	Carrots	Seasonal root vegetables	Mediterranean vegetables	Garden peas Mushy peas	Fried pickles	Chef's choice
Vegetable TWO	Sweetcorn	Seasonal mixed vegetables	Green beans	Courgette	Baked beans	Coleslaw	Chef's choice
Fast Track	PASTA BAR	JACKET POTATO BAR	PASTA BAR	JACKET POTATO BAR	PASTA BAR	Chef's choice	Chef's choice
	Chef's choice sauce	Chef's choice topping	Chef's choice sauce	Chef's choice topping	Chef's choice sauce		
	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce		
	Grated cheese	Grated cheese	Grated cheese	Grated cheese	Grated cheese		
	Basil pesto	Baked beans	Basil pesto	Baked beans	Basil pesto		
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Pineapple and coconut sponge	Sticky toffee pudding with caramel sauce	Honey cake with yoghurt	Lemon drizzle cake	Chocolate oat flapjack	Homemade muffins	Chef's choice dessert



Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Sweetcorn and spring onion	Summer mixed vegetables	Pea and mint	Cauliflower and apple	Creamy mushroom	HOUND DOG	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads	A selection of simple and composite salads
Main Meal	TASTE OF ASIA Shanghai minced pork	POSH PIE Coronation chicken pie	MEZZE FEAST Chicken shawarma	BELLA ITALIA Pork meatballs arrabbiata tomato sauce	CHIP SHOP Catch of the day Pasta bake of the day	Large pork sausage hot dog	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Soy tofu and noodle stir-fry	PLANT BASED Bubble and squeak cake with fried egg	VEGETARIAN Falafel, red cabbage slaw and yoghurt dressing	VEGETARIAN Mushroom carbonara sauce	PLANT BASED Vegetarian pie Vegan sausage	Vegan sausage hot dog	Chef's choice Vegetarian / Plant Based
Carbohydrate	Egg fried rice	Mashed potato	Khobez flat bread	50 / 50 Pasta	Chunky chips	Mac 'n' cheese bites	Chef's Choice
Vegetable ONE	Garden peas	Broccoli	Seasonal root vegetables	Mediterranean vegetables	Garden peas Mushy peas	Sweet potato wedges	Chef's choice
Vegetable TWO	Seasonal summer vegetables	Seasonal mixed vegetables		Sauteed greens	Baked beans	Loaded nachos	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Banana and chocolate chip sponge	Bread and butter pudding with cream	Cheesecake with fruit compote	Peach melba cake	Chocolate cereal bake	Homemade muffins	Chef's choice dessert



Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Kimchi cabbage broth	Creamy broccoli	French onions	Roasted red pepper	Mixed summer vegetables	CHICKEN STOP	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection	Simple and composite salad selection
Main Meal	TASTE OF ASIA Satay 'no nut' chicken	POSH PIE Pork and cheese pie	MEXICAN KITCHEN Chicken, pepper and onion fajitas	BELLA ITALIA Carbonara bacon sauce	CHIP SHOP Catch of the day Pasta bake of the day	Grilled peri peri chicken	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Korean bimbap rice bowl	PLANT BASED Mushroom and spinach on toasted bread	VEGETARIAN Mixed bean and sweetcorn fritter	VEGETARIAN Puttanesca tomato sauce	PLANT BASED Vegetarian pie Vegan sausage	Quorn nuggets	Chef's choice plant based vegetarian
Carbohydrate	Steamed rice	Roasted new potato	Tortilla wrap	50 / 50 Pasta	Chunky chips	Boston baked beans	Chef's Choice
Vegetable ONE	Broccoli	Braised green cabbage	Seasonal green vegetables	Mediterranean vegetables	Garden peas Mushy peas	Coleslaw	Chef's choice
Vegetable TWO	Seasonal mixed vegetables	Seasonal root vegetables	Mini sweetcorn cob	Courgette	Baked beans		
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
	Carrot cake with icing	Summer berry and apple crumble with custard	Vanilla sponge with fruit compote	Biscoff with mascarpone	Chocolate brownie	Homemade muffins	Chef's choice dessert



Supper Week ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	BELLA ITALIA	TASTE OF ASIA	PROPER BURGER	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	BRUNCH & SUPPER
Soup	Minestrone	Hot and sour vegetable	Sweet potato and kale	Tom yum vegetables	Spiced potato and lentils	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Chicken parmigiana	Vietnamese pork	Beef burger	Chow mein - No meat	Chicken madras	Meat-feast pizza	Chef's choice main meal
Main Vegetarian Plant Based	Wild mushroom risotto	Buddha bowl	Grilled stuffed mushroom	Vegetable tempura	Lentil and beans curry	Creamy three cheese tortellini	Chef's choice vegetarian
Carbohydrate	Spaghetti pasta	Coconut rice	Skinny fries	Egg noodles	Aromatic rice	Herb and garlic slice	Roasted potato
Vegetables	Courgette	Stir-fry mixed vegetables	Mini corn cobs	Oriental greens	Spiced carrots	Mediterranean vegetables	Seasonal vegetables
Why not	Herb and garlic bread slice	Mini spring rolls with dipping sauce	Battered onion rings	Sweet and sour chicken bites	Spiced vegetable samosas	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Double chocolate chip mousse pot	Cheesecake with raspberry compote	Summer berry tart	Yoghurt, fruit coulis and granola pot	Iced ring doughnut	Chef's choice dessert	Chef's choice dessert

Supper Week TWO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	AMERICAN DINER	TASTE OF ASIA	CHICKEN RUN	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	BRUNCH & SUPPER
Soup	Seasonal green vegetables	Sweetcorn chowder	Mixed beans	Udon noodle broth	Spiced sweet potato	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Barbecue pork	Soy and ginger chicken	Chipotle grilled chicken	Katsu – No meat	Korma chicken curry	Double pepperoni pizza	Chef's choice main meal
Main Vegetarian Plant Based	Tex-mex bean stew	Oriental vegetable stir-fry	Spiced breaded bean burger	Miso tofu with oriental greens	Potato and spinach dhal	Gnocchi with tomato and mozzarella sauce	Chef's choice vegetarian plant based
Carbohydrate	Potato wedges	Egg noodles	Spiced diced potato	Steamed rice	Braised rice	Herb and garlic slice	Roasted potato
Vegetables	Southern slaw	Five spice carrots	Coleslaw	Broccoli	Curried cauliflower	Mediterranean vegetables	Seasonal vegetables
Why not	Mac n cheese bites with hot sauce	Prawn crackers with dipping sauce	Build-your-own loaded nachos	Sticky chicken wings	Naan bread	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Raspberry and cream mousse pot	Cheesecake with caramel sauce	Coconut and jam tart	Lemon posset and shortbread pot	Chocolate doughnut	Chef's choice dessert	Chef's choice dessert



Supper Week THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	REAL GREEK	TASTE OF ASIA	HOUND DOG	TASTE OF ASIA	CURRY NIGHT	BELLA ITALIA	ROAST
Soup	Tomato and orzo pasta	Malaysian laksa broth	Creamy broccoli	Pho noodle and vegetables	Pea and lentils	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Greek pork meat balls	Hainanese chicken	Pork sausage hot dog	Korean barbecue – No meat	Jalfrezi chicken	Buffalo chicken and sweetcorn	Chef's choice main meal
Main Vegetarian Plant Based	Spanakopita spinach and feta cheese tart	Tofu and mushroom hot pot	Vegan hot dog	Oriental vegetable pancakes	Spinach and chickpea curry	Wild mushroom risotto with baby spinach	Chef's choice vegetarian plant based
Carbohydrate	New potatoes	Fragrant rice	Potato wedges	Steamed rice	Braised rice	Herb and garlic slice	Roasted potato
Vegetables	Green beans	Broccoli	Caramelized onions	Kimchi cabbage	Sweet potato	Mediterranean vegetables	Seasonal vegetables
Why not	Build-your-own loaded pita bread	Vegetable dumplings with dipping sauce	Southern fried vegan nuggets	Teriyaki chicken drumsticks	Onion bhaji with dipping sauce	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Butterscotch and banana mousse pot	Cheesecake with apricot compote	Raspberry and white chocolate tart	Chocolate, cherry and cream pot	Jam doughnut	Chef's choice dessert	Chef's choice dessert