



ABINGDON

Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Homemade Soup</b>	Carrot and coriander	Pea and mint	Mushroom and thyme	Miso broth	Tomato and basil	STAYCATION	BRUNCH
<b>Bread Selection</b>	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
<b>Salad Bar and Dressings</b>	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
<b>Main Meal</b>	TASTE OF INDIA Chicken tikka masala with mint raita	TEX-MEX Beef chilli con carne with sour cream	MID-WEEK ROAST Roast chicken drumstick and thigh with gravy	TASTE OF ASIA Vietnamese lemongrass chicken	FOOD HERO Hotdog with topping and sauce selection	AMERICAN DINER Barbecue pulled beef brioche bun	MAIN MEAL Chef's choice
<b>Main Vegetarian</b>	PLANT BASED Onion bhaji fritter with mango chutney	HEALTHY CHOICE Sweet potato jambalaya	MEAT-FREE Blue cheese and mushroom quiche	PLANT BASED Teriyaki tofu stir-fry	HEALTHY CHOICE Grilled halloumi and bell pepper	PLANT BASED Mixed bean, sweetcorn and peppers taco	MEAT-FREE Chef's choice
<b>Carbohydrate</b>	Braised rice	Potato wedges	Roasted potatoes	Egg noodles	Skin on fries	Crushed sweet potatoes	Chef's choice
<b>Vegetables</b>	Cauliflower and spinach	Sweetcorn and peppers	Seasonal vegetables	Aromatic carrots	Green beans	Corn ribs	Chef's choice
<b>Fast Track</b>	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	GRAB & GO Classic mac 'n' cheese	Chef's choice
<b>Grab &amp; Go</b>	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
<b>Warm / Cold Dessert</b>	Summer fruit crumble with cream	Chocolate orange drizzle cake	Raspberry jam tart	Marble sponge with chocolate sauce	Lemon curd sponge	Chocolate chip flapjack	Chef's choice



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Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Homemade Soup</b>	Hot and sour broth	Red pepper and tomato	Watercress and potato	Tomato, chickpea and harissa	Butternut squash	STAYCATION	Brunch
<b>Bread Selection</b>	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
<b>Salad Bar and Dressings</b>	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
<b>Main Meal</b>	TASTE OF ASIA Thai green chicken curry	BELLA ITALIA Traditional beef lasagne	ROAST Honey glazed gammon with gravy	FEAST - MEZZE Moroccan lamb pastilla	FOOD HERO Southern fried chicken burger in a soft bap	REAL GREEK Spiced chicken gyros	MAIN MEAL Chef's choice
<b>Main Vegetarian</b>	PLANT BASED Korean barbecue tofu	HEALTHY CHOICE Spring green risotto	MEAT FREE Sweet potato cake with poached egg	PLANT BASED Aubergine and mixed bean stew	HEALTHY CHOICE Baked feta cheese, honey and oregano	PLANTBASED Roasted mushroom and vegetable gyros	MEAT-FREE Chef's choice
<b>Carbohydrate</b>	Sticky rice	Garlic and herb slice	Roasted potatoes	Scented rice	Skin on fries	Braised rice	Chef's choice
<b>Vegetables</b>	Sauteed mushrooms	Roasted courgette and red onion	Seasonal vegetables	Spiced carrots	Peas and sweetcorn	Greek salad	Chef's choice
<b>Fast Track</b>	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Mushroom chow mein	Chef's choice
<b>Grab &amp; Go</b>	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
<b>Warm / Cold Dessert</b>	Rhubarb crumble with cream	Coconut and raspberry cake	Sticky toffee pudding	Chocolate brownie	Lemon and blueberry cake	Iced chocolate sponge	Chef's choice



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Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Homemade Soup</b>	Laksa noodle broth	Leek and potato	Cream of sweetcorn	Courgette, pea and pesto	Cauliflower and cheese	STAYCATION	BRUCNH
<b>Bread Selection</b>	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
<b>Salad Bar and Dressings</b>	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
<b>Main Meal</b>	TASTE OF ASIA Malaysian chicken NO NUT satay	BRITISH CLASSICS Cumberland pork sausages with gravy	MID-WEEK ROAST Roasted turkey breast with gravy	BELLA ITALIA Chicken, tomato, pepper and olives	FISH FRIDAY Battered pollock with tartar sauce	SUBWAY Chipotle chicken sub	MAIN MEAL Chef's choice
<b>Main Vegetarian</b>	PLANT BASED Malaysian tofu and vegetable curry	MEAT-FREE Gnocchi, spinach, roasted peppers and basil pesto	HEALTHY CHOICE Baked field mushroom topped with a herb crumb	MEAT-FREE Tortelloni formaggio	PLANT BASED Chickpea and courgette fritter	MEAT-FREE Tex-mex vegetable and cheese melt sub	HEALTHY CHOICE Chef's choice
<b>Carbohydrate</b>	Sticky rice	Mashed potatoes	Roast potatoes	50/50 pasta	Chunky chips	Baked potato wedges	Chef's choice
<b>Vegetables</b>	Sauteed green beans	Broccoli	Seasonal vegetables	Roasted cauliflower	Garden peas Mushy peas	Spiced crunchy slaw	Chef's choice
<b>Fast Track</b>	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	GRAB & GO Four cheese pasta bake	Chef's choice
<b>Grab &amp; Go</b>	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
<b>Warm / Cold Dessert</b>	Cherry and apple crumble with cream	Banana caramel cake	Carrot cake	White chocolate sponge	Rocky road	Chocolate cornflake cake	Chef choice



ABINGDON

Supper Week ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	FEAST - MEZZE	SMOKEHOUSE	MEXICAN KITCHEN	BELLA ITALIA	AL FRESCO	SUMMER VIBES	ROAST
Salad Bar Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Lebanese lamb kebab with flatbread	Smokey maple barbecue chicken	Beef and mixed bean burritos	Pork meatballs in a rich tomato sauce	Grilled chicken Caesar salad	Sticky pork ribs	Chefs roast of the day
Vegetarian Plant Based Meat-less	Vegetable and chickpea tagine	Loaded sweet potato, sundried tomato and smoked cheese	Pepper, mixed bean and spiced cheese tacos	Spinach and mushroom lasagne	Grilled halloumi Caesar salad	Tempura battered vegetables with sweet chilli dip	Chefs choice
Carbohydrate	Tabbouleh couscous	Curly fries	Green rice	Penne pasta	Baked potato	Egg fried rice	Roast potatoes
Vegetables	Roasted aubergine and peppers	Mini corn on the cob	Roasted broccoli	Green beans	Sauteed mushrooms and spinach	Sauteed pak choi	Cauliflower and broccoli cheese
Grab & Go	Mushroom and edamame bean soba noodles	Special egg fried rice	Mac 'n' cheese bites	Vegetable chow mein	Vegetable biryani	Mini vegetable spring rolls	
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Cold / Warm Dessert	Ice cream and sorbet	Eton mess	Seasonal fruit salad	Mandarin cheesecake	Chocolate mousse	Apple pie with cream	Chefs choice TREAT



ABINGDON

Supper Week TWC	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Theme</b>	AMERICAN DINER	TASTE OF JAPAN	TEX-MEX	FEAST - MEZZE	MADE IN GERMANY	SUMMER VIBES	ROAST
<b>Salad Bar Dressings</b>	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
<b>Main Meal</b>	Pulled barbecue pork	Katsu breaded chicken with curry sauce	Beef enchiladas	Lebanese chicken in khobez wrap	Schnitzel, breaded pork escalope	Lamb and mint burgers	Chefs choice
<b>Vegetarian Plant Based Meat-less</b>	Barbecue jack fruit	Miso glazed egg plant	Cauliflower and corn tacos	Falafel in khobez wrap	Käsespätzle, cheesy dumplings	Quorn burger with harissa mayo	Chefs choice
<b>Carbohydrate</b>	Cheesy mashed potatoes	Steamed rice	Coriander rice	Roasted sweet potatoes	Warm potato salad	Herby diced potatoes	Roast potatoes
<b>Vegetables</b>	Spring greens	Oriental vegetables	Mexican bean salad	Harissa spiced cauliflower	Sauerkraut, pickled cabbage	Corn ribs	Roasted carrots and courgettes
<b>Grab &amp; Go</b>	Mushroom ramen broth	Mushroom ravioli	Korean vegetable pancake	Vegetable egg fried rice	Vegetable pad thai with glass noodles	Pasta with red pepper and tomato sauce	
<b>Whole Fruit</b>	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Plain carrots
<b>Cold / Warm Dessert</b>	Ice cream and sorbet	Summer berry fool	Seasonal fruit salad	New York baked cheesecake	Banoffee pie	Cherry pie with cream	Chefs choice



Supper Week THREE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF ASIA	ANGRY BIRD	BELLA ITAIA	FEAST - MEZZE	MEXICAN KITCHEN	SUMMER VIBES	ROAST
Salad Bar Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Korean bulgogi barbecue beef	Chilli chicken chimichanga	Pepperoni and bacon ragu	Slow cooked lamb tagine	Pulled chicken fajitas	Crispy chilli beef	Chefs choice
Vegetarian Plant Based Meat-less	Oriental vegetable stir-fry	Chilli jack fruit chimichanga	Meatless lasagne	Roasted cauliflower steak	Avocado and cheese quesadillas	Sweet and sour vegetables	Chefs choice
Carbohydrate	Sticky rice	Baked potatoes	Spaghetti pasta	Cinnamon scented rice	Spiced potato wedges	Egg noodles	Roast potatoes
Vegetables	Five spiced carrots	Roasted butternut squash	Sauteed courgettes	Moroccan beetroot salad	Roasted peppers and red onions	Sauteed baby corn and mange tout	Roasted vegetables
Grab & Go	Courgette and red onion frittata	Vegetable chow mein	Soy bean fried rice	Thai stir-fried noodles	Korean bibimbap rice bowl	Vegetable gumbo	
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Cold / Warm Dessert	Ice cream and sorbet	Cake pops	Seasonal fruit salad	Vanilla cheesecake	Coconut macarons	Summer fruit pie with cream	Chefs choice