



From: Paul Gooding: Head of Wellbeing and PSHCE

10 November 2022

### **Anti-Bullying Week and International Men's Day 2022**

Dear Parents

Next week is annual **Anti-Bullying Week**. This year's theme is: "Reach Out" and we will be raising this issue with students throughout the week. Whether it is verbal, physical, online or in-person, bullying can have a significant impact on a child's life well into adulthood. Please, could you try to find the chance to talk about this important topic at home?

We will be encouraging students to speak out if they ever witness bullying; working on the idea of being an "upstander" and not a "bystander".

Please also feel free to visit the Anti-Bullying Alliance [website](#) which has a wealth of resources (including resources on cyberbullying) and/or the School's [Anti-Bullying policy](#).

We will also be marking **International Men's Day** next week and tutors will also be highlighting this important day with students, too. It serves as an opportunity for students to remember and thank key men in their lives as well as reflect on various men's issues to do with health and wellbeing. Please, could you try to find the chance to talk about this with your child as well? You might want to visit [this website](#) in order to gain more information.

If you haven't already done so I also invite you to join our wellbeing Twitter feed for parents, which is [@Ab Wellbeing](#).

Thank you in anticipation of your support with the above.

Best wishes

Rev'd Paul Gooding, Head of Wellbeing

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