



ABINGDON

From: Head of Wellbeing, Paul Gooding

29 April 2022

PSHCE and Relationships and Sex Education (RSE) Programme of Study, 3rd and 4th years, Summer term 2022

Dear 3rd and 4th year parents

Here is an outline of the 3rd and 4th year PSHCE and RSE programs of study for the summer term. Students will be working through the following topics with their PSHCE teachers and tutors. I would encourage you to discuss these topics raise as they come up this term in order to enhance what we are doing in school.

In the 3rd year – Relationships and Sex Education

Students will be studying the following topics this term:

Lesson 1 - Marriage, co-habitation, and relationships (the lesson will take place in weeks 1-2 of the term)

Lesson 2 – Parenting and healthy relationships (the lesson will take place in weeks 3-4 of the term)

Lesson 3 - Menstrual Wellbeing and the Menopause (the lesson will take place in weeks 5-6 of the term)

Lesson 4+5 - Reproductive choices, pregnancy, miscarriage and the law surrounding these issues (the lesson will take place in weeks 7-10 of term)

We have also planned a *Relationships and Sex Education* morning on Wednesday 25 May with the School Doctor, external nurses and Loudmouth Theatre Company. I will write to you with more information about this event nearer the time.

In the 4th year – Relationships and Sex Education

Students will be studying the following topics this term.

Lesson 1 – Honour based and domestic violence, FGM (the lesson will take place in weeks 1-2 of term)

Lesson 2 – Sexual consent (the lesson will take place in week 3-4 of term)

Lesson 3 - Sexual harassment (the lesson will take place in weeks 5-6 of term)

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Lessons 4 - Pornography (the lessons will take place in weeks 7-8 of term)

Lesson 5 - Sexting (the lessons will take place in weeks 9-10 of term)

Lesson 6 - Money management (with tutors in week 5 of term)

Lesson 7 – Gambling and addiction (with tutors in week 8 of term)

We will also be holding a 4th year lecture on drugs and substances with "[It Happens Education](#)" on Tuesday 7 June.

Further information on RSE provision is provided on the [Abingdon School policies page](#) under the "*Sex and Relationships Education Policy*". This policy provides detailed information on the aims and rationale of the PSHCE courses which I hope is helpful. There is also information here about the right to opt out of these sessions should you wish to.

Should you have any further questions thereafter please feel free to contact Paul Gooding, Head of PSHCE and RSE. Thank you in anticipation of your support in this key area of the curriculum.

Many thanks and best wishes.

Paul Gooding, Head of Wellbeing & PSHCE

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