



ABINGDON

From: Head of Wellbeing, Paul Gooding

28 January 2022

Dear parents and carers

Parents' mailing Safer Internet Day 2022

Next week we shall be spending time with the students marking Safer Internet Day. This year the theme is ['All fun and games? Exploring respect and relationships online'](#). We would encourage you to continue these discussions with your child at home. It might be a good opportunity to talk to your child about how safe they feel online, including on any gaming platforms, as well as on his social media accounts.

First, you are warmly invited to our parents' webinar on Tuesday 8 February at 7pm. We have an expert panel who will be talking about these issues. The link has been emailed to you separately. If you are unable to attend we will be posting a recording in the weekly mailing in due course.

I have also collated some links and resources that I hope you will find useful in aiding these discussions:

- [Here](#) is a link to "Think u Know" an excellent website to help and support parents and carers.
- Advice for parents and carers from [Childnet](#)
- Tips, advice and guides for parents and carers from the [UK Safer Internet Centre](#)
- Guides on popular apps and games from [NetAware](#)
- Reviews and information about games, apps, TV shows and websites from [Common Sense Media](#)
- Help on using parental controls and privacy settings from [Internet Matters](#)
- Information and reporting of online grooming or abuse from [CEOP](#)

Please also find [attached](#) a comprehensive article written by Vodafone on promoting good digital wellbeing amongst young people. *This is well worth a read.*

I hope you find these useful as we help to reinforce these messages.

Please follow us on twitter [@Ab Wellbeing](#) if you haven't already done so. We will be posting regular updates here too.

Best wishes

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