

Abingdon School Physiotherapy and Sports Massage Service

The School Physiotherapy Service is slightly changed since we returned to on-site learning. Until the lockdown is lifted, physio appointments for staff and students will continue **offsite** rather than in the school sports centre. Both remote and face-to-face appointments are happening at the main clinics in Abingdon and Didcot. There is also a full Covid-19 policy in place to ensure the service is **Covid-Secure**.

Boys are advised to book appointments with Frankie Chesterton or Jack McGowan as the physiotherapists who are specialists in adolescent sports injuries. Sports massage with Michaela Sawyer will be recommencing on 12th April.

All appointments can be booked through the website via this link: <https://flex-physio-practice.au1.cliniko.com/bookings#location>

If using medical insurance, an authorization number and payment of relevant insurance excess will need to be provided at the time of booking by emailing accounts@flexphysioppractice.com.

Boys are asked to dress appropriately for a medical examination. A **Covid Checklist** will be sent out via email 2 days prior to the first appointment which must be completed before being seen.

Flex Physiotherapy Practice provider of physiotherapy services at the school and is registered with most UK health insurers. All staff are DBS cleared by Abingdon School & support the school 1st XV rugby team.

physio@abingdon.org.uk