



ABINGDON

From Head of Wellbeing: Paul Gooding

5 February 2021

Dear parents

Safer Internet Day 2021

Next week we shall be spending time with the students marking Safer Internet Day. This year the theme is “[an internet we trust](#)”. We would encourage you to continue these discussions at home. It might be a good opportunity to talk to your child about how safe they feel online, including on any gaming platforms, as well as on their social media accounts.

I have collated some links and resources that I hope you will find useful in aiding these discussions:

[Here](#) are some excellent home activity packs, produced by “Think u Know”. They have produced a huge selection of super resources and videos to help equip you in the following areas, amongst others:

- Watching videos
- Online gaming
- Social media
- Sharing images
- Livestreaming
- Cyber security

Some other resources which you may find helpful in supporting your child online are:

- Advice for parents and carers from [Childnet](#)
- Tips, advice and guides for parents and carers from the [UK Safer Internet Centre](#)
- Guides on popular apps and games from [NetAware](#)
- Reviews and information about games, apps, TV shows and websites from [Common Sense Media](#)
- Help on using parental controls and privacy settings from [Internet Matters](#)
- Information and reporting of online grooming or abuse from [CEOP](#)

Please also find [attached](#) a comprehensive article written by Vodafone on promoting good digital wellbeing amongst young people. This is well worth a read.

I hope you find these useful as we help to reinforce these messages.

Please follow us on twitter [@Ab Wellbeing](#).

Best wishes

Paul Gooding (Head of Wellbeing)

paul.gooding@abingdon.org.uk

Abingdon School, Park Road, Abingdon, Oxfordshire, OX14 1DE

Tel: +44 (0)1235 521563

Fax: +44 (0)1235 849079

www.abingdon.org.uk