


# Menu

LUNCH WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>	Bread selection	Bread selection	Bread selection	Bread selection	Bread selection	--	BRUNCH
<b>Salad Bar and Dressings</b>	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Beef and red wine puffed pie	Spicy chicken noodles with a chilli dressing	Bacon carbonara	Beef chilli nachos	Hot dog with fried onions	Sweet and sticky BBQ pork ribs with a chive and sour cream dip	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b> <b>Vegan dishes available daily</b>	Vegan Sweet Potato Cakes with Coriander Mayo	Vegan rice noodle stir fry with soya beans and chilli dressing	Herby chickpea and tomato sauce	Vegan bean chilli nachos	Vegan hot dog with fried onions	Crispy halloumi ticks with a chive and sour cream dip	----
<b>Potatoes or Rice</b>	Dauphinoise potatoes	Prawn crackers	Penne Pasta Garlic bread	Braised rice	Potato wedges	Paprika spiced sweet potato wedges	----
<b>Vegetables</b>	Honey & thyme roasted carrots	Minted peas	Roasted pepper & green beans	Sweetcorn	Baked beans	Caribbean slaw Corn on the cob	----
<b>Grab and go</b>	<u>Pasta bar</u> Smokey chicken and olive sauce Butterbean ratatouille	<u>Baguette bar</u> Coronation chicken Italian BMT Chargrilled vegetable and hummus	---	<u>Pasta bar</u> Tomato, chorizo and basil sauce Quorn, spinach and parmesan sauce	---	Hot smoked salmon caesar salad	----
<b>Whole fruit</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Cold Dessert</b>	Apple and blackberry crumble with custard Or raspberry ripple mousse pot	Double chocolate sponge with chocolate sauce Or chocolate muffin	Chocolate brownie with raspberry cream Or buttered flapjack	Sticky toffee pudding with toffee sauce Or yoghurt pot	Lemon drizzle cake with pouring cream Or iced belgian bun	Ice cream selection	----  QUALITY OF LIFE SERVICES


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<b>Salad Bar and Dressings</b>	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Braised lamb stew cheesy cobbler	Chicken tikka masala with poppadom's	BBQ pulled pork baps	Beef lasagne with an oregano and tomato dressing	Chicken Katsu with curry sauce	Seafood paella with lemon aioli	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b>  <b>Vegan dishes available daily</b>	Vegan mali kofte with flatbread and tomato salad	Vegan lentil dhal with poppadom's	BBQ pulled jackfruit baps	Lentil bolognaise with garlic bread and whole-wheat spaghetti	Panko Quorn fillet with curry sauce	Goats cheese stuffed aubergine with basil and sunflower seeded puree	----
<b>Potatoes or Rice</b>	Creamy mashed potato	Lemon and fennel seed braised rice	Thyme and garlic roasted new potatoes	Garlic bread	Thick cut chips	Garlic roasted ciabatta bread	----
<b>Vegetables</b>	Steamed green beans	Onion bhajis	Honey roasted carrots	Steamed sweetcorn	Steamed peas	Roasted pepper and baby spinach salad	----
<b>Grab and Go</b>	Salt and pepper squid with an Asian salad & a sweet chilli mayo dip	<u>Pasta bar</u> Beef bolognaise 3 cheese and red pesto sauce	<u>Baguette bar</u> Chicken mayonnaise Ham and cheese Feta, sun dried tomato and basil	----	----	Pork meatballs with a warm orzo salad and basil dressing	----
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Hot or Cold Dessert</b>	Vanilla and chocolate chip sponge with custard Or chocolate custard pot	Chocolate chunk cookie	Chocolate rice krispie cake Or Oaty flapjack	Peach apple and raspberry crumble with pouring cream Or yoghurt pot	Iced carrot cake Or double chocolate muffin	Cookie selection with marshmallow and raspberry cream	----


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<b>Fresh Soups and a Selection of Fresh Breads</b>	Bread selection	Bread selection	Bread selection	Bread selection	Bread selection	Soup of the day	BRUNCH
<b>Salad Bar and Dressings</b>	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Cumberland sausage wheel with red wine gravy	Beef burger with sliced cheddar	Sweet and sour chicken	Beef bolognaise Bacon carbonara	Breaded pollack	Spicy chicken hot wings with a blue cheese dip	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b>  Vegan dishes available daily	Vegan Mushroom and Chickpea Fennel topped Puff Pie	Butternut squash and quinoa burger	Quorn and soya bean sweet and sour	Butterbean and roasted vegetable tomato sauce	Red Leicester, onion and potato pasties	Garlic breaded mushrooms with a blue cheese dip	----
<b>Potatoes or Rice</b>	Cheesy mashed potato	Potato wedges	Egg fried rice	Penne pasta Garlic bread	Herby diced potatoes	Polenta cakes with wild mushrooms	----
<b>Vegetables</b>	Green beans	Caribbean fruited coleslaw	Pak-choi, bean shoots and red peppers	Steamed sweetcorn	Baked beans	Sautéed mangetout and baby corn	----
<b>Grab and Go</b>	<u>Pasta bar</u> Creamy chicken carbonara Borlotti and roasted red pepper sauce	---	Cheesy tuna pasta bake with garlic bread	---	---	Pineapple and aubergine red curry with spring rolls and sweet chilli dip	----
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pots	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Hot or Cold Dessert</b>	Chocolate marble cake with chocolate sauce Or jelly pot	Spiced plum and apple crumble with custard Or Chocolate mousse pot	Vanilla cheesecake with a blueberry compote Or blueberry muffin	Warm toffee apple sponge with whipped vanilla cream Or strawberry custard pot	Afternoon tea scone filled with cream and jam Or triple chocolate cookie	Iced ring doughnuts selection	-----   QUALITY OF LIFE SERVICES


# Menu

## SUPPER WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Moroccan	Soup of the Day
Main Meal	Korean chicken bao with a cucumber and onion relish	Lamp rump steaks with a red wine jus	Dirty street beef burger with chorizo, swiss cheese, jalapenos and red onion marmalade	Teriyaki salmon with a coriander seed oil	Seafood linguine with a wild rocket pesto	Moroccan spiced lamb shoulder with a kumquat marmalade	Lemon and thyme roast chicken with stuffing
Main Vegetarian	Korean tofu bao with a cucumber and onion relish	Pumpkin, leek and cheddar Cornish pasty with a red wine gravy	Dirty street Quorn burger with chorizo, swiss cheese, jalapenos and red onion marmalade	Edamame bean sweet and sour sauce	Mushroom and soya bean linguine with a wild rocket pesto	Moroccan shakshuka with lemon feta	Butterbean filo topped pie
Potatoes or Rice	Kimchi fried rice	Spring onion and cheesy mashed potato	Garlic and chilli fries	Stir fried vegetables with egg noodles	Parmigiano and sun dried tomato flat bread	Spiced fruited bulgur wheat	Thyme roasted potatoes
Vegetables & Salad	Korean fried cauliflower Steamed peas	Autumnal roasted vegetables	Cheesy slaw Steamed peas	Steamed pak-choi and bean shoots Spring rolls	Roasted butternut squash and buttered kale	Roasted pepper baby spinach and chickpea warm salad	Seasonal vegetables
'Grab & Go'	Panko breaded pollack goujons with cilantro lime mayonnaise	Garlic, salt and pepper chicken pieces	BBQ pork belly burnt ends	Pepperoni and oregano pizza slices	Popcorn chicken with bbq sauce	Fruity chicken tagine with a cumin yoghurt	---
Cut Fruit and Yoghurt Bar	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of whole & cut fruit and a variety of yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
Hot or Cold Dessert	Rocky Road cake	Italian tiramisu	Chocolate profiteroles with a white chocolate sauce	White chocolate & raspberry tart	Passionfruit possets	Moroccan basbousa (semolina cake)	Chefs dessert selection  QUALITY OF LIFE SERVICES


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Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Thai night	Soup of the Day
Main Meal	Chicken kiev with a parsley mayonnaise	Ham hock macaroni and cheese with a basil and parmesan breaded crust	Slow cooked chuck roast on chilli cheese street fries	Chicken lentil dhansak with pumpkin puree	Prawn and chorizo tagliatelle with parmesan and basil pesto	Confit duck leg with a penang curry sauce	Roast pork belly Apple sauce Gravy
Main Vegetarian	BBQ Quorn southern style burger with swiss cheese and tomato relish	Three cheese macaroni with a basil and parmesan breaded crust	Mixed bean chilli cheese street fries	Charred tikka tofu steaks with a spiced yoghurt dressing	Mushroom, sun dried tomato and parmesan tagliatelle	Vegetable massaman curry	Spiced roasted carrot and feta strudel with a veggie gravy
Potatoes or Rice	Skinny fries	Garlic dough balls	---	Braised cardamom and turmeric basmati rice	Oven baked focaccia	Fragrant sticky rice Prawn crackers	Thyme roasted potatoes
Vegetables & Salad	Onion rings Steamed peas	Cajun sweetcorn with roasted cherry tomatoes	Bombay carrot salad with sultanas	Green beans Lamb samosas	Rosemary roasted zucchini	Papaya salad Vegetable spring rolls with sweet chilli sauce	Seasonal vegetables
'Grab & Go'	Malaysian beef laksa with lime infused rice	Vegetable chow mein with a soy sauce	Spicy meatballs with basil infused orzo	Traditional cottage pie with cheesy topped mash	Beef chilli and rice pot with sour cream	Salt and pepper squid with a chill soy dressing	---
Cut Fruit and Yoghurt Bar	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
Hot or Cold Dessert	Lemon cheesecake mousse	Cherry and oat squares	Ben and jerry's ice cream pots	Chocolate cracknell	Double chocolate loaf cake	Ice cream and cookies	Double chocolate gateaux  QUALITY OF LIFE SERVICES

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Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Argentina	Soup of the day
Main Meal	Crispy pollack mini tortillas with cajun mayonnaise	Nut free satay chicken box with pomegranate dressing	Sticky chilli BBQ pork belly	Creamy parmesan chicken orzo with a kale Verde	Teriyaki pork rice bowl with ginger greens	Sliced beef steak with chimichurri	Rosemary roasted lamb leg with mint sauce
Main Vegetarian	Stir fried tofu and black bean tortilla with cajun mayonnaise	Nut free satay Quorn fillet with pomegranate dressing	Mango and borlotti bean bao buns	Roast vegetable, lemon orzo warm salad with spinach pesto	Teriyaki soya bean rice bowl with ginger greens	Fugazetta (Argentine pizza)	Squash, cranberry and bean wellington
Potatoes or Rice	Sweet potato wedges with garlic aioli	Fragrant brown rice	Spicy parmesan Potato wedges	Garlic ciabatta bread	Prawn crackers	Potato croquetas	Thyme roasted potatoes
Vegetables & Salad	Sautéed peppers and baby spinach	Roasted Mediterranean vegetables	Street corn salad Rocket and cherry tomato salad	Steamed sweetcorn	Steamed peas	Roasted peppers and courgettes	Seasonal vegetables
'Grab & Go'	Indonesian pork rice noodle pot with spring onion and coriander dressing	Spicy spaghetti and meatballs with a pumpkin seed dressing	Beef kofte kebabs with a minted yoghurt	Ham and brie individual tartlets	Tuna pasta bake with garlic bread and tomato salsa	Chicken empanadas with salsa criolla	---
Cut Fruit and Yoghurt Bar	Selection of whole & cut fruit and a variety of yoghurts	Selection of whole & cut fruit and a variety of yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of whole & cut fruit and a variety of yoghurts	Selection of whole & cut fruit and a variety of yoghurts	Selection of whole & cut fruit and a variety of yoghurts	Selection of whole & cut fruit and a variety of yoghurts
Hot or Cold Dessert	Apple and blackberry crumble bars with crème anglaise	Crème brulee pots with a mango puree	Fresh berries with honey & lemon mascarpone	Abingdon style mess	Crepes with a caramel sauce and marshmallows	Argentinian Chocotorta	Clotted cream and berry tart   QUALITY OF LIFE SERVICES