

# Menu

LUNCH WEEK ONE: Servery



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>	Bread selection	Bread selection	Bread selection	Bread selection	Bread selection	--	BRUNCH
<b>Salad Bar and Dressings</b>	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Hot Sausage roll	Beef chilli nachos	Fruited lamb tagine	Spicy chicken noodles with a chilli dressing	Hot dog with fried onions	Sweet and sticky BBQ pork ribs with a chive and sour cream dip	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b>  <b>Vegan dishes available daily</b>	Vegan chickpea sausage roll	Vegan bean chilli nachos	Butter bean and roasted pepper tagine	Vegan rice noodle stir fry with soya beans and chili dressing	Vegan hot dog with fried onions	Crispy halloumi ticks with a chive and sour cream dip	----
<b>Potatoes or Rice</b>	Dauphinoise potatoes	Braised rice	Herby cous cous	Prawn crackers Spring rolls	French fries	Paprika spiced sweet potato wedges	----
<b>Vegetables</b>	Braised red cabbage	Minted peas	Roasted pepper & green beans	Pak-choi, bean shoots and Chinese cabbage	Steamed sweetcorn	Caribbean slaw Corn on the cob	----
<b>Grab and go</b>						Hot smoked salmon caesar salad	----
<b>Whole fruit</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Cold Dessert</b>	Apple and blackberry crumble with custard	Double chocolate sponge with chocolate sauce	Chocolate brownie with raspberry cream	Sticky toffee pudding with toffee sauce	Oaty flapjack	Ice cream selection	----

# Menu

LUNCH WEEK ONE: Outside catering



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>							
<b>Salad Bar and Dressings</b>	Iceberg lettuce, cherry tomatoes, cucumber and sliced peppers	Iceberg lettuce, cherry tomatoes, grated carrot and cheese	Baby gem, cherry tomatoes, cucumber and beetroot	Baby gem, cherry tomatoes, grated carrot, edamame beans	Cos lettuce, cherry tomatoes, grated and carrot and cheese		
<b>Main Meal</b>	Hot Sausage roll	Beef chilli nachos	Fruited lamb tagine	Spicy chicken noodles with a chilli dressing	Hot dog with fried onions		
<b>Main Vegetarian</b> <b>Vegan dishes available daily</b>	Vegan chickpea sausage roll	Vegan bean chilli nachos	Butter bean and roasted pepper tagine	Vegan rice noodle stir fry with soya beans and chili dressing	Vegan hot dog with fried onions		
<b>Potatoes or Rice</b>	Dauphinoise potatoes	Braised rice	Herby cous cous	Prawn crackers	Potato wedges		
<b>Condiments</b>	Tomato ketchup sachets	Salsa pots	Fresh parsley	Fresh coriander	Tomato ketchup and mustard sachets		
<b>Whole fruit</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit		
<b>Cold Dessert</b>	Jelly pot	Chocolate muffin	Chocolate brownie	Yoghurt pot	Oat flapjack		

# Menu

LUNCH WEEK TWO: Servery



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	BRUNCH
<b>Salad Bar and Dressings</b>	Bread selection	Bread selection	Bread selection	Bread selection	Bread selection	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Cumberland sausages with onion gravy	Chicken tikka masala with poppadom's	BBQ pulled pork baps	Beef lasagne with an oregano and tomato dressing	Chicken Katsu with curry sauce	Seafood paella with lemon aioli	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b> <b>Vegan dishes available daily</b>	Vegan sausages with onion gravy	Vegan lentil dhal with poppadom's	BBQ pulled jackfruit baps	Lentil bolognese with garlic bread and whole-wheat spaghetti	Panko Quorn fillet with curry sauce	Goats cheese stuffed aubergine with basil and sunflower seeded puree	----
<b>Potatoes or Rice</b>	Cheesy mashed potato	Lemon and fennel seed braised rice	Thyme and garlic roasted new potatoes	Garlic bread	Thick cut chips	Garlic roasted ciabatta bread	----
<b>Vegetables</b>	Steamed green beans	Onion bhajis	Honey roasted carrots	Steamed sweetcorn	Steamed peas	Roasted pepper and baby spinach salad	----
<b>Grab and Go</b>						Pork meatballs with a warm orzo salad and basil dressing	----
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Hot or Cold Dessert</b>	Vanilla and chocolate chip sponge with custard	Chocolate chunk cookie	Chocolate rice krispie cake	Peach and raspberry crumble with pouring cream	Iced carrot cake	Cookie selection with marshmallow and raspberry cream	----

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LUNCH WEEK TWO: Outside catering



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>							
<b>Salad Bar and Dressings</b>	Iceberg lettuce, cucumber, cherry tomatoes	Cos lettuce, tomatoes, cucumber and radish	Iceberg lettuce, cucumber, cherry tomatoes, beetroot	Iceberg lettuce, cucumber, cherry tomatoes, grated carrot	Baby gem lettuce, tomatoes, cucumber and soya beans		
<b>Main Meal</b>	Cumberland sausages with onion gravy	Chicken tikka masala with poppadom's	BBQ pulled pork baps	Beef lasagne with an oregano and tomato dressing	Chicken Katsu with curry sauce		
<b>Main Vegetarian</b>	Vegan sausages with onion gravy	Vegan lentil dhal with poppadom's	BBQ pulled jackfruit baps	Lentil bolognese with garlic bread and whole-wheat spaghetti	Panko quorn fillet with curry sauce		
<b>Vegan dishes available daily</b>							
<b>Potatoes or Rice</b>	Cheesy mashed potato	Lemon and fennel seed braised rice	Thyme and garlic roasted new potatoes	Garlic bread	Potato wedges		
<b>Condiments</b>	Tomato ketchup sachets	Mango chutney	Garlic mayonnaise	Mayonnaise sachets	Tomato ketchup sachets		
<b>Grab and Go</b>							
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pot	Whole fruit	Whole fruit		
<b>Hot or Cold Dessert</b>	Jelly pot	Chocolate chunk cookie	Chocolate rice krispie cake	Yoghurt pot	Iced carrot cake		

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>	Bread selection	Bread selection	Bread selection	Bread selection	Bread selection	Soup of the day	BRUNCH
<b>Salad Bar and Dressings</b>	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Salad bar: 1 tossed salad 2 composite (1 carb) 1 protein cold meat	Daily Seasonal Salad Bar	----
<b>Main Meal</b>	Beef bolognaise	Sweet and sour chicken	Beef burger with sliced cheddar	Tandoori spiced chicken leg	Breaded pollack	Spicy chicken hot wings with a blue cheese dip	Full Brunch menu with chefs choice main course
<b>Main Vegetarian</b>  <b>Vegan dishes available daily</b>	Chickpea and roasted vegetable tomato sauce	Quorn and soya bean sweet and sour	Butternut squash and quinoa burger	Tandoori tofu tikka masala kebabs	Cheese and onion pasties	Garlic breaded mushrooms with a blue cheese dip	----
<b>Potatoes or Rice</b>	Penne pasta Garlic bread	Egg fried rice	Potato wedges	Garlic and coriander naan	Herby diced potatoes	Polenta cakes with wild mushrooms	----
<b>Vegetables</b>	Steamed sweetcorn	Pak-choi, bean shoots and red peppers	Caribbean fruited coleslaw	Roasted butternut squash and green beans	Steamed peas	Sautéed mangetout and baby corn	----
<b>Grab and Go</b>						Pineapple and aubergine red curry with spring rolls and sweet chilli dip	----
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pots	Whole fruit	Whole fruit	Selection of Whole & Cut Fruit and a V variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
<b>Hot or Cold Dessert</b>	Chocolate marble cake with chocolate sauce	Spiced plum and apple crumble with custard	Vanilla cheesecake with a blueberry compote	Warm toffee apple sponge with whipped vanilla cream	Afternoon tea scone filled with cream and jam	Iced ring doughnuts selection	----

# Menu

LUNCH WEEK THREE: Outside catering



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fresh Soups and a Selection of Fresh Breads</b>							
<b>Salad Bar and Dressings</b>	Iceberg lettuce, tomatoes, cucumber, grated carrot	Baby gem lettuce, tomatoes, cucumber and soya beans	Iceberg lettuce, cucumber, cherry tomatoes, beetroot	Iceberg lettuce and coleslaw	Iceberg lettuce, tomatoes, cucumber, radish		
<b>Main Meal</b>	Beef bolognaise	Sweet and sour chicken	Beef burger with sliced cheddar	Tandoori spiced chicken leg	Breaded pollack		
<b>Main Vegetarian</b> <b>Vegan dishes available daily</b>	Chickpea and roasted vegetable tomato sauce	Quorn and soya bean sweet and sour	Butternut squash and quinoa burger	Tandoori tofu tikka masala kebabs	Cheese and onion pasties		
<b>Potatoes or Rice</b>	Penne pasta Garlic bread	Egg fried rice	Potato wedges	Garlic and coriander naan	Herby diced potatoes		
<b>Condiments</b>	Grated cheddar	Prawn crackers	Tomato ketchup and mayonnaise sachets	Minted yoghurt dressing	Tartar sauce and tomato ketchup sachets		
<b>Grab and Go</b>							
<b>Cut Fruit and Yoghurt Bar</b>	Whole fruit	Whole fruit	Fresh fruit pots	Whole fruit	Whole fruit		
<b>Hot or Cold Dessert</b>	Jelly pot	Chocolate mousse	Vanilla cheesecake with a blueberry compote	Yoghurt pot	Afternoon tea scone filled with cream and jam		

# Menu

## SUPPER WEEK ONE



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Turkish	Soup of the Day
Main Meal	Lamb rogan josh With samosas and yoghurt dip	Teriyaki salmon with a coriander seed oil	Pulled Pork bao buns With a garlic mayonnaise dip	Slow cooked beef and red wine puffed pie	Beef chilli nachos with salsa, sour cream, guacamole	Spicy chicken Turkish style pizzas with a yoghurt dressing	Lemon and thyme roast chicken with stuffing
Main Vegetarian	Lentil, chickpea and spinach curry	Edamame bean sweet and sour sauce	Mango and borlotti bean bao buns	Parsnip, leek and mushroom pie	Pulled Oumph cheesy nachos with salsa, sour cream, guacamole	Spicy Oumph Turkish style pizzas with a yoghurt dressing	Butterbean filo topped pie
Potatoes or Rice	Coconut and star anise basmati rice	Stir fried vegetables with egg noodles	Spicy parmesan Potato wedges	Spring onion and cheesy mashed potato	Mexican green rice	Spicy Chips	Thyme roasted potatoes
Vegetables & Salad	Roasted squash and red peppers	Steamed pak-choi and bean shoots Spring rolls	Street corn salad Rocket and cherry tomato salad	Braised red cabbage	Cumin roasted carrots	Roasted vegetables	Seasonal vegetables
'Grab & Go'	Popcorn chicken with bbq sauce	Pepperoni and oregano pizza slices	Smoked maple BBQ syrup ribs	Garlic, salt and pepper chicken pieces	Prawn pad-thai with	Lamb Guvec ( Turkish stew)	---
Cut Fruit and Yoghurt Bar	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
Hot or Cold Dessert	Rocky Road cake	Creamy vanilla custard slice	Butterscotch budino with salted caramel	White chocolate & raspberry tart	Banana split with cherries	Sutlac (Turkish rice pudding)	Chocolate profiteroles with dried raspberries

# Menu

## SUPPER WEEK TWO



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	South American	Soup of the Day
Main Meal	Chicken burger with brioche bun Garlic mayonnaise Cheese Gherkins	Ham hock macaroni and cheese with a basil and parmesan breaded crust	Mexican street beef skirt tacos with a tomato, coriander and lime dressing	Chicken lentil dhansak with pumpkin puree	Greek baked cod fillets with	Southern fried chicken with BBQ sauce	Roast pork belly Apple sauce Gravy
Main Vegetarian	Blackened tofu burgers with avocado and siracha	Three cheese macaroni with a basil and parmesan breaded crust	Mexican street oumph tacos	Charred tikka tofu steaks with a spiced yoghurt dressing	Greek stuffed portabello mushrooms	Southern fried cauliflower steak with a paprika mayonnaise	Spiced roasted carrot and feta strudel with a veggie gravy
Potatoes or Rice	Skinny fries	Garlic dough balls	Cheesy jalapeno dirty fries	Braised cardamom and turmeric basmati rice	Sautéed parsley and caper new potatoes	Spicy sweet potato wedges	Thyme roasted potatoes
Vegetables & Salad	Onion rings Steamed peas	Cajun sweetcorn with roasted cherry tomatoes	Sultana, red cabbage, carrot and tortilla salad	Green beans Lamb samosas	Sautéed cavalo nero	Corn on the cob Spicy coleslaw	Seasonal vegetables
'Grab & Go'	Malaysian beef laksa with lime infused rice	Pork ragout with a warm kidney bean salad	Sticky Maple BBQ pork belly slice	Traditional cottage pie with cheesy topped mash	Asian pollack and prawn broth with a chilli and ginger dressing	Beef chilli with rice	---
Cut Fruit and Yoghurt Bar	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
Hot or Cold Dessert	Lemon cheesecake mousse	Carrot cake roll	Ben and jerry's ice cream pots	Rocky 'maltesers' road	Warm cinnamon roll cake with whipped cream	Ice cream and cookies	Double chocolate gateaux



# Menu

## SUPPER WEEK THREE



ABINGDON

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Event			POP UP KITCHEN ALFRESCO STYLE (weather dependant)			AROUND THE WORLD	
Fresh Soups and a Selection of Fresh Breads	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Cuba	Soup of the Day
Main Meal	Parmesan crusted pork chops with chimichurri	Paleo plant box with paprika chicken and a zhoug dressing	Dirty street beef burger with chorizo, swiss cheese, jalapenos and red onion marmalade	Beef bolognaise bolognaise with a basil pesto	Tempura prawn chow mein with a sweet chilli dip	Cubano sandwich with mojo pulled pork	Rosemary roasted lamb leg with mint sauce
Main Vegetarian	Cannellini bean and wild mushroom hotpot with a rosemary oil	Paleo plant box with grilled baby aubergine and a zhoug dressing	Dirty street Quorn burger with chorizo, swiss cheese, jalapenos and red onion marmalade	Vegan lentil cannelloni bake with garlic bread	Soya bean chow mein with a sweet chilli dip	Cubano sandwich with roasted aubergine	Squash, cranberry and bean wellington
Potatoes or Rice	Cheesy gratin potato bake	Sweet potato fries with cayenne mayonnaise	Garlic and chilli fries	Olive oil infused spaghetti	Prawn crackers with a soy dressing	Cuban style rice with spicy sausage (veggie option available)	Thyme roasted potatoes
Vegetables & Salad	Sautéed savoy cabbage and bacon lardons	Chargrilled celeriac, broccoli and roasted red onion	Cheesy slaw Steamed peas	Sweetcorn and roasted peppers	Vegetable spring rolls and sautéed Chinese leaf	Red cabbage mojo slaw	Seasonal vegetables
'Grab & Go'	Mushroom spaghetti carbonara with sun- dried tomato pesto ciabatta	Smoked haddock and spring onion fishcakes with a beurre noisette mayo	BBQ pork belly burnt ends	Spicy meatballs with rice	Sticky bbq chicken wings	Cuban Picadillo	---
Cut Fruit and Yoghurt Bar	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts	Selection of Whole & Cut Fruit and a Variety of Yoghurts
Hot or Cold Dessert	Lemon tart with a blueberry compote	Crème brulee pots with a mango puree	Apple and raspberry turnovers	Eton mess	Chocolate profiteroles with a white chocolate sauce	Guava Pastelitos (Cuban pastries)	Clotted cream and berry tart