

2016/2017 China Study Tour
Example of Itinerary

Day/Place	Activities
1 /Abingdon - Beijing	Direct Flight to Beijing
2/ Beijing	Arrive at Beijing Capital Airport and transfer to the hostel/hotel just next to Tiananmen Square. Have a guided tour through one of Beijing's hutong areas followed by a welcome banquet and trip briefing in one Beijing's most traditional restaurants.
3/ Beijing	Travel to a private and incredibly beautiful section of the Great Wall , avoiding the huge crowds of other sections. Walk along the stunning wall area and enjoy the breathtaking views from the top of one of the Seven Wonders of the World. Return to Beijing and watch a stunning evening acrobatics show .
4/ Beijing	Visit the Temple of Heaven to see wonderful imperial China architecture and see the many activities of Chinese park life. These include square dancing, mah jong board games and Chinese opera singing. Learn about Imperial China through a visit to Tiananmen Square – one of the largest city squares in the world - and the Forbidden City – the ancient home of the Emperor Climb up Jingshan Park for panoramic views of the cityTaste Beijing's speciality: Beijing Roast Duck at a traditional

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5/ Beijing	<p>Visit a Chinese school, specially selected to be an appropriate match for the visiting school. Typically we take a tour of the school and join in on a lesson to see the differences in Chinese school life. Eat lunch in the school canteen and get stuck in with sports and other activities alongside Chinese students.</p> <p>Night Train to Xi'an (soft sleeper)</p>
6/ Xian	<p>Arrive in Xi'an. Discover the Terracotta Warriors – the earthenware protectors of the Emperor Qin in his afterlife and learn about the terracotta palace still buried under the ground. Explore Xi'an's Muslim Quarter and market with all its sights and sounds.</p>
7/ Xian	<p>Take a trip to an orphanage at the outskirts of the city. Teach English to the children through playing various games with them. See the city from a different angle: enjoy a bike ride on the ancient city walls surrounding Xi'an (helmets provided).</p>
8/ Luoyang/Dengfeng	<p>Fast train to Luoyang Visit the Longmen Grottoes, which is an amazing collection of caves and stone structures. In the late afternoon transfer to Dengfeng, the closest town to the Shaolin Temple.</p>
9/ Dengfeng	<p>Head to a local Kung Fu school where the students perform a spectacular Kung Fu show. Try out some of what you have seen and take a lesson taught by the Monk from the Shaolin Temple and</p>

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	<p>assisted by the students.</p> <p>Walk to the Shaolin Temple itself and explore the home of Shaolin Kung Fu.</p>
10/ Chengdu	<p>Zhengzhou to Chengdu flight Arrive at Chengdu Airport and transfer to the accommodation at the centre of the city. Explore one of Chengdu's oldest streets to take in some ancient Chinese charm. Visit a traditional teahouse to see Sichuan Opera and its famous face-changing act.</p>
11/ Chengdu	<p>Visit the Panda Breeding Research Center to learn about China's national animal and the work being done to learn about and help the animal.</p> <p>Visit the Wenshu Temple – a Buddhist temple in Chengdu, famed for being the best preserved temple in the area. Explore the traditional Chinese architecture and beautiful surroundings and learn about the presence of Buddhism in China.</p> <p>Enjoy a final hotpot banquet in Chengdu.</p>
12/ Chengdu - Abingdon	<p>Transfer to the airport and head home</p>

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