



Important Pre-Booking Information



Abingdon School

Rift Valley Adventurer



August 2019

Dear parent or guardian,

Abingdon School – Kenya August 2019

Your son has the opportunity to take part in an adventurous school trip that we are helping your school to plan.

Adventure travel is exciting. It is a chance for young people to stretch their horizons and develop an understanding of cultures and destinations beyond our everyday world. It is an opportunity to build their self-confidence and understand more about the amazing world we live in. The educational benefits and opportunities for personal development are many indeed.

Here at STC Expeditions, we firmly believe our educational journeys and school expeditions are packed to bursting point with experiences that will change your child's view on the world. Some companies in our market like to use the phrase "a once in a lifetime trip" – we prefer to think that our trips will be the first of many incredible adventures your son or daughter will embark on throughout their lives. If we can inspire young people to travel, to explore and to celebrate the diversity and difference that exists across the planet, then we know we're doing something good.

By its very nature, however, adventure travel is more challenging and demanding than a conventional school trip. The enjoyment, excitement and educational benefit is derived, in part, from the inherent risks and challenges associated with each journey and destination. The following Parents' **Pre-booking Information Pack** is designed to enable you to make an informed decision as to the itinerary and organisations involved, and whether the trip is right for your child.

Please read it carefully and should you have any questions at all, please do not hesitate to get in touch.

Yours sincerely,



Adrian Ferraro
Director



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About STC Expeditions

STC Expeditions, previously known as the School Travel Consultancy, has been organising adventurous school trips and expeditions since 2006. Over the years we have helped school groups summit 6000m peaks in the Himalaya and visit remote tribes deep in the rainforest clad interior of Venezuela. Not all the trips we arrange are as adventurous as these, yet wherever we operate our key goal is to provide an exceptional educational travel experience, one that takes students out of their comfort zones, opening their eyes and stretching their global horizons in a carefully risk-assessed environment.

Objectives

To undertake an active geography adventure in Kenya with a diverse itinerary that shows all aspects of the destination – the geography, biology, language, wildlife and culture.

Trip Overview

Showcasing the very best of this magical country, our 10 day Kenyan Adventurer is packed with activities and natural wonders, from the grassy plains of the rift valley to snow capped peaks. We seek to blend a learning experience with a healthy dose of adventure. If it's nature you're looking for you'll be hard pressed to beat Kenya as a destination with its annual great migration of millions of wildebeest or the pink blush of Lake Nakuru densely populated with flamingos. You will also veer off the beaten track to visit one of the top producing flower exporters in Lake Naivasha as well as the acclaimed Elsamere Conservation Centre. There is also the thrill of White Water rafting in the Tana River and a day trek to a dormant volcano to wrap up a truly memorable adventure.

Trip Dates

Proposed Departure date(s) from the UK: 14th, 15th or 16th August 2019

Proposed Return date(s) to the UK: 23rd, 24th or 25th August 2019

Exact departure dates are subject to availability of flight schedules once we are able to book the flights.

Planned Itinerary

Below is an outline of the planned itinerary. Please note, it is important to realise that the itinerary needs to be flexible. Whilst every effort will be made to follow the schedule below, in the event of political problems, airline schedule changes or environmental factors, we will do our best to make your trip as enjoyable and hassle-free as possible, but it is important to EXPECT THE UNEXPECTED and be prepared to accept some slight changes. Relax and

have faith in your guides – he or she will want you to see their country in a good light.

Days 1 & 2 Depart UK and arrive Nairobi, transfer to Great Rift Valley

Jambo! Welcome to Kenya. We are met by our STC leader on arrival and transferred directly to the Great Rift Valley. Our destination on arrival is the dramatic Njorowa Gorge (2 to 3 hours drive). On route we'll stop at a viewpoint over the great rift valley to witness the forces of nature as we see evidence of how shifting plate tectonics have shaped the landscape. Heading further north we enter Hells Gate National Park and enjoy the exhilaration of our first game drive on the trip before we set up camp. Tonight's camp is in a superb location, fifty metres up on a spur of ground overlooking the whole valley. Wildlife abounds with herds of buffalo, giraffe and Kongoni likely to be grazing below. There is nothing quite like camping under the African skies!

Day 3 Activity Day

The morning is spent climbing, abseiling, hiking or game driving in the park. We are likely to encounter giraffe, zebra, buck and buffalo amongst others. The local crags offer great single pitch climbing on Fisher's Tower and Fisher's Cliffs. The climbing is best done in the early morning until 11 a.m. and in the latter part of the afternoon when temperatures have dropped and it is cooler. In the afternoon we head down into the Njorowa Gorge to take a look at volcanic deposition and river erosion before returning once again to our campsite.

Day 4 Lake Naivasha

Another leisurely start to the day! After breaking camp, we drive 30 minutes down the road to our next camp on the shores of stunning Lake Naivasha. In the afternoon we visit a flower farm to see how they grow, cut and pack roses for export to Europe. This area is one of the key flower producing areas in Kenya, supplying many of the leading UK supermarkets and an important source of export revenue for Kenya. After our



tour we take a boat ride on Lake Naivasha and return to camp.

Day 5 Conservation centre

This morning we visit the acclaimed Elsamere Conservation Centre, which is dedicated to providing students the opportunity to learn about the value of conservation through demonstrations and guided nature walks. In the afternoon, we take a tour of the geothermal electrical generation plant.

Day 6 Lake Nakuru

We head off early and drive the 110 km to Lake Nakuru National Park. The park itself is a relatively small and compact area, based around the often flamingo-filled soda lake, making it a great location for spotting wildlife. Along with the other members of the Big Five, Lake Nakuru harbours rhinos and there will be a good chance of seeing one of these magnificent beasts. The park also has an extensive elephant population and we can get up on the edge of the rift valley for a spectacular view over the area. Tonight we camp outside the National Park.

Day 7 Mt Longonot caldera trek

We pack up camp and depart for Mt Longonot, a dormant volcano last thought to have erupted in the 1860's. Today we take the 7.2 km walk up and around the vast dormant caldera which is 12km wide, a truly dramatic site. Once back on board our bus we head to our

riverside camp at Sagana which is a 4 hour drive away. Along the way, we have a stop at one of the local tea plantations to see the set up and understand the process of growing and picking before the tea is packaged and exported to markets around the world. Arrive late evening at Savage Wilderness camp on the Tana River.

Day 8 White water rafting

Today we have an awesome adventure on the Tana River, a drop pool river offering an exciting day of white-water rafting. Starting with 3 km of easy class II and III white water, followed by a 6 km section with an hour or so of relaxation to view the abundance of bird life around, then cool off with a swim! The final 7 km of river, back to the campsite, starts with some easy class III waters where paddle commands are revised, followed by 3 big rapids (class IV and V, depending on water levels) with names like Captains Folly, Can of Worms (because of its four 90 degree bends in succession) and Sphincter Flexor. Subject to water levels you may be able to "surf" in "fish eye" and then swim the next couple of minor rapids. We return to our camp for our last night under African skies for a final celebration meal and to relive the experiences and highlights of the past week.

Day 9 Transfer back to Nairobi and fly overnight back to UK

Depending of the time of our flight later today, we may have time for a morning activity or team building game in the grounds of the camp, before we transfer back to Nairobi Jomo Kenyetta International airport for our flight back to the UK.

Day 10 Arrive back to the UK

Adventure Grading

We grade all our trips so teachers, school leaders, students and parents can gauge whether it is appropriate to their requirements and objectives. We have given this trip the following grading:

Physical: Grade 3: Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may

contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase if your underlying fitness levels would help you get the most from this grade trip.

Culture Shock: Grade 3: Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.

Minimum Age

We recommend a minimum age of 14 years for this trip.

Accommodation and Meals

Accommodation used on this trip includes:

- Bush camping and fixed campsites with facilities.

All meals are included on this trip whilst in Kenya.

Reality Check / Expectations

Ok, so you want to go on a wild trip to the Kenyan Rift Valley? What does this *actually* involve? What expectations should you have? It's very difficult for us to give an accurate description in advance of what you will experience on this trip. That is, after all, the whole reason why we run these trips – some things you can only understand when you experience them in person, outside of the classroom, immersed in another culture. Below we give a few home truths about your trip. Some of them may sound 'harsh', but we want you to be fully informed and remember, a little discomfort here and there is a small price to pay to experience the amazing opportunities available on this adventure. Standards of accommodation, transport, service provision, healthcare, hygiene and emergency response are, generally, not as high as in the UK. Flexibility and patience on the part of the traveller is important, so too is your understanding of this as a parent or guardian.



Accommodation

Accommodation standards on our adventures vary from country to country. Don't expect to turn up to towels folded into swans and a neat tringle fold at the end of your toilet roll. Sometimes we have quite good accommodation. Sometimes shared rooming is exactly what it means, you could be sharing cramped rooms in bunkbeds. You could be travelling on an overnight train where the 'walls' are curtains. At the lower end of accommodation, your bed may just be a mattress on the floor in a basic guesthouse or a hammock in the jungle. Washing facilities may be basic with limited showers and squat toilets. It all adds to the experience though, and is part and parcel of travelling in low income countries.

Camping: Camping on STC expeditions is not glamping! Camping on an expedition may be basic. If using fixed commercial campsites there will be basic facilities such as showers and toilets (possibly of the squat type),

however if you are trekking in the Indian Himalaya or through remote jungle don't expect more than a tree to squat against and a wet-wipe wash in the morning. In some destinations you might be given a bowl of warm water in the morning to wash. What you lose in comfort is usually more than made up for by the spectacular surroundings and amazing hospitality of our camp staff.

Environments

The environment can be the biggest challenge on an expedition. The locals are used to it, but to you it will be an alien environment and you will have to learn to adapt. This may be a struggle initially, and be uncomfortable for a few days, but give it time and you'll soon get used to it. Learn to look through any initial discomfort and look around at where you are and what you're experiencing.

Mountains: Mountains have their own weather systems so be prepared to experience heat, cold, wet, windy and dry – all on the same day. Walking uphill is uncomfortable, it doesn't matter how fit you are, you will be out of breath at some point and have to keep on pushing to get to the next camp. Days can be long and your thighs and bum will hurt most mornings before setting off. If at altitude (2,500-3000m+) you may feel slight effects of altitude with headaches and not sleeping well until you have fully acclimatised. All our itineraries allow for good acclimatisation. Our guides are very experienced and will be looking out for you.

Tropical: In a tropical environment the weather can be nice and sunny one minute, then very, very wet the next. It will still be warm so the rain is often welcome. but expect to get wet. The reason you are there is because of the lush and beautiful scenery. You'll soon discover how it gets like that! Oh, and there may be quite a few bugs about!

Africa: As a rule of thumb, don't expect timings to always go to plan in Africa. "Africa time" is well known around the world. Road quality is well known to be poor, so expect to travel a lot slower than you would think. If it rains, roads may be impassable. If dry, it will probably be dusty, so you and your kit will have a layer of brown dust engrained by the end of the trip. The

African spirit and vibe more than make up for any short-term discomfort though.

Poverty: Poverty in the UK is very much in existence, but it's usually masked by clean streets, good infrastructure and a temperate climate. When you visit a lot of our destinations poverty has a completely different look, feel and SMELL: discarded rubbish, animal (or human) waste, stagnant water, poorly maintained roads and basic housing - add in barefooted children in often dirty clothes and you will soon get what we mean. Experiencing this can be unpleasant as you would never wish this upon anyone, but we live in the real world and sometimes the real world isn't pretty. Our trips are designed to open your eyes to all aspects of your destination.

Modes of Travel

Transport on this trip will be by:

- Private coach or minibus
- Safari vehicle
- Trekking (day trek)
- White-water raft
- Boat

What's not included?

The total price for this trip will not be more than £2,550.00 per person but this does not include the following:

- Drinks (advice will be given on purification of water)
- Visas if required (see country information for more details)
- Any required inoculations
- Personal spending money – to cover souvenirs, postage, snacks, drinks, optional activities/entrance fees
- Tips for guides and porters (approx £40 per person)

Country information

Full Country Name: The Republic of Kenya

Area: 580,370 sq. km (224,081sq. miles)

Population: 48.5 million

Capital: Nairobi

People: Kikuyu 24%, Luhya 15%, Luo 12% Kalenjin 12%, Kamba 11%, Kisii 6%, Meru 6%, Masai/Samburu 2%

Religions: Protestant 50%, Roman Catholic 31%, Muslim 8%, other 2%, None 2%

Time: GMT + 3 hours

Flight time: Heathrow to Nairobi approximately 9 hours



Country Overview

Visitors to this east African country expecting diversity and adventure will certainly not be disappointed. Kenya has everything you could want from an adventurous destination and much more besides. High mountains, remote deserts, extraordinary cultures, a rich history, beautiful beaches and of course, spectacular wildlife in vast numbers. It really does have something for everyone.

Geography

Although lying on the Equator, Kenya is blessed with a varied landscape, ranging from vast desert land in the north, through the forest and snow-capped central regions of Mount Kenya, to the grassy plains and savannah in the south to the humid coastline. Similar to Tanzania, the Great Rift Valley runs the length of the country and is home to an amazing selection of animals. Kenya's geography varies from tropical beaches and 5,000m mountains to lush grasslands and harsh deserts. The central highlands are dominated by the mighty rift valley - running from as far north as Jordan and Syria, south through Ethiopia, Lake Turkana, the Cherangani Hills, past the plains of the Masai Mara and on into Tanzania and Mozambique. Formed by two divergent plate boundaries, and home to an extraordinary array of soda lakes, volcanoes and wildlife it is without doubt an impressive sight.

Climate

Like its neighbour Tanzania, Kenya's climate is defined by its wet and dry

Kenya



seasons. Much of the highland country is cooler than the country's tropical situation would suggest. The "long rains" usually occur later than Tanzania's, running from April to early July and are followed by the main dry season which lasts until the end of October. This is the best time to visit as the views and wildlife watching possibilities are at their best. November sees the "short rains", but this period of rainfall is often not as intense as the main rain season earlier in the year. January and February are also normally good times to visit.

For detailed information on Kenya's climate, please visit the World Meteorological Organization (WMO) website on following link: <http://worldweather.wmo.int/en/country.html?countryCode=KEN>

Cultural Considerations

The most common greeting is the handshake. When greeting someone with whom you have a personal relationship, the handshake is more

prolonged than the one given to a casual acquaintance. Close female friends may hug and kiss once on each cheek instead of shaking hands. When greeting an elder or someone of higher status, grasp the right wrist with the left hand while shaking hands to demonstrate respect.

Muslim men/women do not always shake hands with women/men. The most common greeting is "Jambo?" ("How are you?"), which is generally said immediately prior to the handshake. After the handshake it is the norm to ask questions about the health, their family, business and anything else you know about the person. To skip or rush this element in the greeting process is the height of poor manners. People are generally addressed by their academic, professional or honorific title followed by their surname. Once a personal relationship has developed, you may be able to address a person by their title and first name, first name alone, or nickname. Wait for the Kenyan to determine that your friendship has

reached this level of intimacy. Women over the age of 21 are often addressed as "Mama" and men over the age of 35 are often addressed as "Mzee". Children generally refer to adults as Aunt or Uncle, even if there is not a familial relationship. See www.guide.culturecrossing.net for more information.

Regulations & Red Tape

A full passport, valid for 6 months after your return date, is required for travel to Kenya. British passport holders need a visa which, from September 2015, must be arranged prior to departure through the Kenyan visa on-line application system – details available at: <https://immigration.ecitizen.go.ke/index.php?id=5>

The fee of USD 51.00 (Visa fee) or USD 21.00 (Transit Visa) includes a service fee. Please also note you will need to upload a passport size photo when completing the application. The applications will be processed on-line and the resulting visa emailed to the applicant who is then required to print off the approved application and present it to an immigration officer at the point of entry. All passengers must present a printed copy of their e-visa at the time of check in. Airlines reserve the rights to deny passengers from travelling if correct documentation is not available when requested.

Foreign Office Advice

You should familiarise yourself with up to date Foreign Office advice for travel to Kenya. This is available on their website www.gov.uk/foreign-travel-advice/kenya. This site contains useful information about safety and security, health and entry requirements.

Health Information and Vaccine Advice

Shortly after booking, all our groups receive a trip specific health and vaccination briefing letter from our medical advisor. If you want to look up the latest health advice and recommended vaccinations for your destination prior to booking, please visit the TravelHealthPro country specific website on the following link: <https://travelhealthpro.org.uk/country-details.php?cnt=117>

Venture Provider

STC Expeditions is the venture provider for this trip, holding overall responsibility for safety and operations.

How to book

To confirm your place on this adventure, we need to have the following:

A completed online booking form:

This collects personal contact details, next of kin, passport and medical information. If under 18 years of age, this form MUST be signed by a parent or guardian AND the student travelling. It is important that the booking form is completed in a prompt timeframe to enable our medical advisor to give initial clearance for all participants to join the trip. Should we have any questions regarding medical conditions, we will contact the parent/guardian for more information.

To complete our booking form, go to www.thestc.co.uk click on "Login" and then "Create an account". Follow the instructions on screen to set up your user account. When prompted to enter a booking reference, use the following code: **2019-08-abingdon-kenya**

Should any of the details change (e.g. a passport needs renewing) you can log back in and change the details. You will also be able to view any trip documentation online (e.g. kit lists and pre-departure information) in the run up to departure.

****** The deadline for completing the application form is: 15/10/2018 ******

If we do not receive your completed application form by this date a late booking fee of £50 may be applied due to additional administration work on our behalf.

A deposit:

Please refer to the letter from school for details of this. Deposits should be payable to the school please, NOT to STC Expeditions.

Leader Team

The Leader team for this expedition will be made up of:

STC Leader: An experienced expedition leader will accompany the group when in country. By using leaders from your destination, we ensure our clients get the best possible in-country experience. Students and teachers regularly tell us that our leaders are a vital part of the success of our trips, providing an invaluable insight into local customs, history, flora, fauna, geography, politics and much more. They also have detailed knowledge of the local environmental and safety issues that groups could potentially incur and are thoroughly trained by us in their responsibilities and emergency procedures. The STC leader has overall responsibility for directing the logistics of the trip and ensuring the safety of each and every person participating.

School Leader Team: This is made up of a minimum of two teachers, one of each gender (if a mixed group). The school leader team support the STC Leader in aspects of pastoral care issues of participants and the implementation of school policies and appropriate guidelines.

Pre-departure information

In the build up to your trip, we will be providing detailed information and training sessions to enable participants to plan and prepare as thoroughly as possible for this trip. This information will include advice on:

- Confirmed travel arrangements
- Health & hygiene advice
- A comprehensive kit list
- Culture & history of your destination
- Sources of further information about your destination
- Passport and visa requirements
- Trip specific vaccination and medical advice from Travel Health Consultancy Ltd.
- Money matters including, if appropriate to your trip, fundraising ideas and entrepreneurial schemes
- Language – basic phrases
- Expected fitness requirements (a training programme will be available on your booking page)
- Roles, responsibilities and expectations of participants
- Responsible tourism advice and suggestions
- Code of conduct
- What to do in an emergency and emergency contact information

Pre-travel meetings/training

Educational Journeys: Three to six months prior to travel, we will arrange for a parent and student information evening to be held at the school. This is a chance for us to prepare the students for the trip and ensure that everyone is happy, with questions answered and minds put at ease. At this evening, we cover the following elements:

- Passports and visas
- Safety approach and attitude
- Being open about problems
- Health & hygiene
- Personal safety
- Specific hazards related to your itinerary e.g:
 - Sun and dehydration
 - Cold weather
 - Altitude
 - Wild animals
- How to travel more responsibly
- Money management
- Packing and kit
- Responsible tourism

Depending on the size of the group and the objectives of the trip, we may split this training into one or more sessions.

Safety & Attitude to Risk

Safety is our number priority and we take the welfare of our clients and those

who work on our trips extremely seriously. We have comprehensive safety management systems in place, including areas detailed below. If you would like to know more, please ask for a copy of our Safety Management System.

British Standard 8848:2014: All trips and expeditions provided by STC Expeditions conform to British Standard 8848:2014 (a specification for the provision of visits, fieldwork, expeditions and adventurous activities outside the United Kingdom) as declared by The Young Explorers' Trust on the basis of the operating procedures and safety management systems evidenced on 24th January 2017 and a sample of ventures examined to the year-end 2016.

Trip selection: Each journey and expedition has been tailor-made and researched with school groups in mind.

Leaders: Each trip is accompanied by a full time professional leader, trained in

first aid, critical incident management and the complex art of managing logistics.

Risk Assessment: Country and itinerary specific risk assessments are provided prior to departure. In addition, your leader has the training to dynamically risk assess your journey when on the road. Group management risk assessments are provided to assist lead teachers. Copies of risk assessments are available to view should you wish to see them.

Crisis response: 24-hour emergency back-up and critical incident support is on hand in the unlikely event of an incident whilst overseas.

Communication: Each group carries satellite, radio and/or mobile communications as your itinerary and terrain demands, ensuring communication is possible in all situations.

Accommodation & transport: All accommodation and transport are risk assessed and checked by local operations teams. Minimum requirements for vehicle standards and driver hours are enforced through contractual agreements with our in-country partners.

Insurance: £5,000,000 public liability insurance is in place and personal travel insurance covering medical treatment and emergency repatriation is included for all those travelling.

Pre-travel screening

All travellers are medically screened to ensure they are fit and healthy to undertake your chosen journey.

Foreign Office Advice: All tours and expeditions are run within Foreign and Commonwealth Office (FCO) travel advice. FCO advice is monitored daily and tour operators have the resources to react quickly should that advice change.

Pre-trip training: Students and staff are given the necessary training and skills to safely undertake each journey. Some of this training is provided by us, some by external companies as necessary.

Evacuation: We have an emergency evacuation plan in place for each day of the trip, detailing the nearest medical facilities and places of assistance. Whilst helicopter evacuation is theoretically possible in Kenya, in reality it is often

quicker to evacuate casualties by minibus or ambulance. As such, typical time to medical help (other than first aid) can be in the region of two to five hours on a trip such as this. If you would like to see a copy of our emergency evacuation plan then please get in touch.

Altitude and acclimatisation: This trip goes to high altitude (max 2776m). We do not expect any participant to experience anything more than mild effects of altitude. Guides are extremely experienced in spotting and dealing with altitude related issues.

Malaria: Your trip travels to an area of 'high' malarial risk. On the advice of our Medical Advisor, STC Expeditions has a policy that all participants must take anti-malarial prophylaxis if you wish to travel on this trip. Our specialist Medical Advisor will provide vaccination and malarial advice helping you decide on which medication to source from your GP or travel clinic prior to travel. STC Expeditions reserve the right to refuse travel to those not taking anti-malarials.

Declaration of Risk: Ventures that include adventurous activities involve exposure to accepted elements of risk, challenge and adventure greater than those normally encountered in everyday life. Whilst such activities provided by STC Expeditions are subject to exacting safety management processes, it cannot be guaranteed that all possibility of resultant injury to participants, or others, is eliminated.

Deposit and Payment Plan

The deposit for this trip is: £300 per person. In line with our Booking Conditions, the following is our standard payment plan for most trips, but please refer to the school letter detailing the specific costs and payment schedule for this particular trip.

- 30% of the trip costs are to be paid by 270 days prior to departure.
- 50% of the trip costs are to be paid by 180 days prior to departure.
- 80% of the trip costs are to be paid by 120 days prior to departure.
- 100% of the trip costs are to be paid by 75 days prior to departure.

Financial Protection

All the flight inclusive tours and expeditions offered by STC Expeditions are financially protected by the ATOL scheme. Our ATOL license number is 11054. On booking, the school will be supplied with an ATOL Certificate. Please see our booking conditions for further information or for more information about financial protection and the CAA website for more details on the ATOL Certificate: <https://www.caa.co.uk/ATOL-protection/Consumers/About-ATOL/>



Booking Conditions

By booking a place on the trip, you confirm that you accept our booking conditions which can be found on our website at the following address: <https://www.thestc.co.uk/assets/upload/generic/The-STC-Group-terms-and-conditions-v-4.pdf>

Relationship with the School

When we run an overseas trip for a school we contract with the school for the delivery of the travel arrangements and any pre-trip programme. We also contract directly with the parents/guardians through our terms and conditions which govern responsibilities of both parties, cancellation policies, changes and liability. Therefore, in terms of health and safety, we work in partnership with the school's Senior Management and/or Head Teacher. This means that we also work with the school's Operating Authority, (if applicable) meaning the trip is signed off by an external body.

How to contact us

We love to talk travel. If you have any questions about this information or want to know more about us as a company then you can find us here:

STC Expeditions
Unit 6B, King St Business Centre
Exeter
EX1 1BH

Or telephone via: 01392 660056
For email: schools@thestc.co.uk
And Web: www.thestc.co.uk