Lucenture



Your door to the World

The True Adventure Team













Quality Control















Nicaragua 2018

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The Expedition Programme



Four Phases:

- Acclimatisation
- Trekking

- Project
- Culture and Review

Acclimatisation

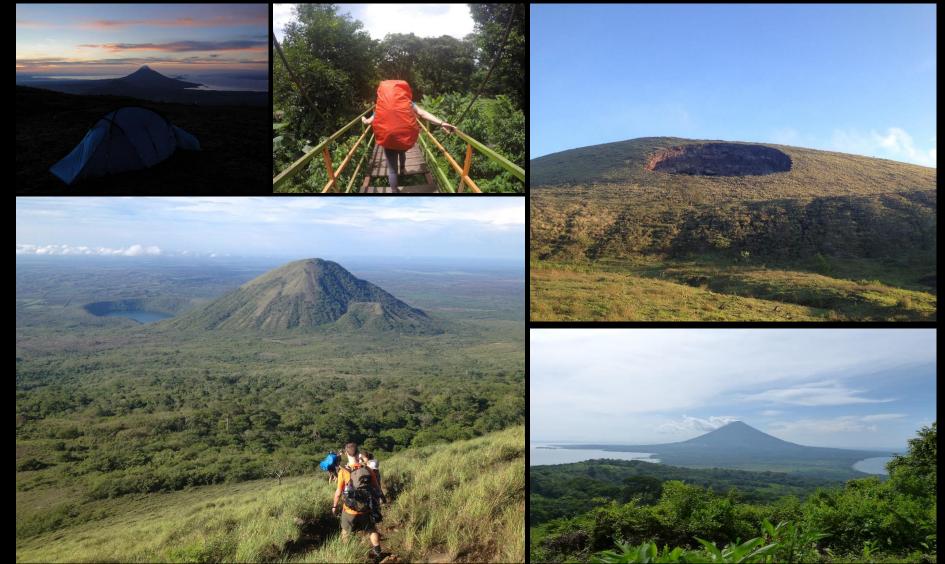


- Long flight
- Heat
- Environment



Trekking





Project





Activities





Expedition Preparation



What we do with the students;

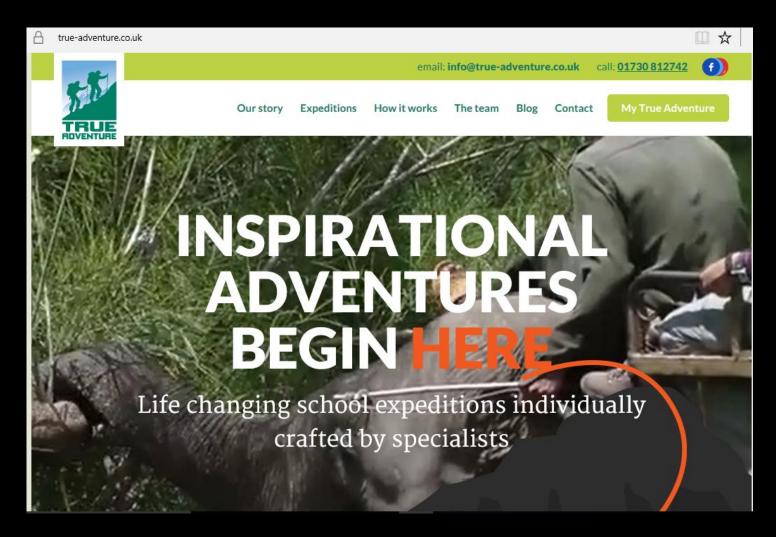
- Develop fund raising skills
- Plan the expedition and learn about the country and environment
- Prepare to go on expedition as a team

In addition we engage on a regular basis through our website.



My True Adventure





Raising Funds





What students get





What the cost excludes



- Visa's and vaccinations
- Kit and equipment
- Spending money

£200 £250

£75

(Costs are approximate)

What the cost includes



- Expedition preparation
- Flights and all in-country food, accommodation, transport and culture
- Expedition group equipment
- Insurance
- Training
- Safety and Back up



Safety and back up

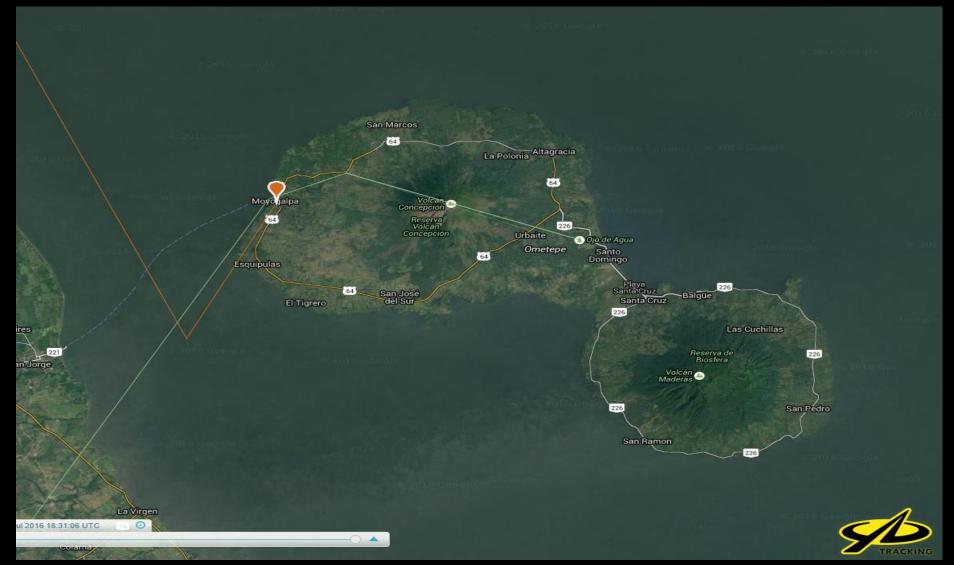
- Staff and team training
- Qualified and experienced leaders
- Fully Risk assessed activities
- Comprehensive insurance
- Medical plan
- Medical assistance agency
- 24 hour Operations Room in the UK
- True Adventure Medical Adviser
- Satellite communications





Satellite Tracking





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Monday 4th Years and Tuesday 5th Years at 2 to 2:40

Expedition Application Form

Please complete all sections, ensuring answers are written clearly.

Venturer's Personal Information First Name: Name Known By: (as per your passport) Middle Name(s): Surname: (as per your passport) Date of Birth: 1 / Male/Female: Home Address: Post Code: Home Tel: Venturer Email: Mobile Tel: School/College: Destination: Year of Travel: Passport Number: Nationality: Country of Issue: Issuing Authority: Start Date (in full): / / Expiry Date (in full): / / NB: You will need a valid passport that lasts for at least six months after the date of your return to the UK. Please provide a copy in due course.

Parent/Guardian 1

First Name:	Surname:	
Title:	Male/Female:	
Address: (if different from applicant)		
	Post Code:	
Home Tel:	Work Tel:	
Mobile Tel:	Email:	

Parent/Guardian 2

First Name:	Surname:	
Title:	Male/Female:	
Address: (if different from applicant)		
	Post Code:	
Home Tel:	Work Tel:	
Mobile Tel:	Email:	



Medical Details (please circle or delete as appropriate).

Where Yes is answered to any question, please provide full details, particular attention should be given to any condition for which the venturer has been receiving treatment within the last 12 months. Please continue on a separate sheet if necessary.

Allergies	Yes/No		
If yes, please specify the nature of the allergy, the reaction and details of the self-management of the condition. Please also give approximate date of diagnosis and details of any medication carried or taken, stating exact name, dosage and frequency, and any specific dietary needs. Please also give details of your most recent allergic reaction.			
Epipen Carrier If yes, please state if you have previously had the need to admini	Yes/No ister an Epipen and when this occurred.		
Dietary Requirements as a result of any Allergies If yes, please specify	Yes/No		
Asthma	Yes/No		
If yes, please give details and provide information on self-manag Inhaler Carrier If Yes, please specify exact name, dosage and frequency	ement of the condition and the date of diagnosis Yes/No		
Fallener			
Epilepsy	Yes/No		
If yes, please give details of nature, date of diagnosis and date and length of last episode			

Diabetes	Yes/No	
If yes, please state type and give details of the self-management of the condition. Please also give approximate date of diagnosis and details of any medication carried or taken, stating exact name, dosage and frequency		

Psychiatric Illness

Yes/No

If yes, please give details of nature, date and length of last episode. Please give details of any professional care received and details of the self-management of the condition. Please also give approximate date of diagnosis and details of any medication carried or taken, stating exact name, dosage and frequency

Depression

Yes/No

If yes, please give details of nature, date and length of last episode. Please also give details of any professional care received and details of the self-management of this condition. Please also give approximate date of diagnosis and details of any medication carried or taken, stating exact name, dosage and frequency

Eating Disorders	Yes/No
If yes, please give details of nature, date and length of last episo this condition and details of the self-management of the conditior medication carried or taken, stating exact name, dosage and free	n. Please also give approximate date of diagnosis and details of any

Chronic or Recurring Joint Problems or Other Injuries	Yes/No	
If yes, please specify the nature of the problem/injury, approximate date of diagnosis and state whether or not you are able to participate in full physical activity and sports. If not, please state how physical activity is limited		

Yes/No

If yes, please specify the nature of the problem/injury, approximate date of diagnosis and state whether or not you are able to participate in full physical activity and sports. If not, please state how physical activity is limited

Back Problems

 Heart Conditions
 Yes/No

 If yes, please give details of the condition, approximate date of diagnosis and give details of any medication carried or taken, stating exact name, dosage and frequency

 Physical Disabilities
 Yes/No

 If yes, please specify the nature of the disability and approximate of diagnosis. Please also state whether or not you are able to participate in full physical activity and sports. If not, please state how physical activity is limited

Personal Medication (other than previously stated)	Yes/No	
If yes, please also give details of any medication carried or taken, stating exact name, dosage and frequency		

Do you have any objection to any form of treatment e.g. immunisation or blood transfusion	Yes/No
If yes please specify your objection	

Are you able to swim 50m unaided?	Yes/No
Height:	
Weight:	

Dietary Requirements	Yes/No
If yes, please specify	
Other	
	separate sheet if necessary, any other matters, ailments, medical conditions or above questions which may be relevant in helping True Adventure ensure your physical

Please note: True Adventure's Insurance for your expedition may become invalid if you do not keep the company fully informed of your medical conditions. In the event that your medical condition(s) cannot be covered by True Adventure's insurance policy, you may still be able to participate, subject to you paying an additional premium.

The above information can have an effect on the safety of your child, logistics of each programme, other team members, and the expedition as a whole and it is therefore essential that True Adventure are aware of all relevant information at the time of application. Please use a separate sheet to detail any other matters, ailments, medical conditions or circumstances that are not covered by the questions above and which may be relevant to the planning and conduct of the expedition.

In order to determine your suitability for expedition and to obtain insurance for you during the expedition, True Adventure may have to pass the information you have provided to its medical advisors, insurers and your school. Please sign below to agree to your details being used in this way. Unless your permission is given, True Adventure cannot proceed with your application. This information will not be used for reasons other than those set out above and will not be forwarded to any third parties without first obtaining your consent.

Declaration:

"To my knowledge the details on this form are true and accurate. I have read and understood the True Adventure Booking Conditions, which the school has also accepted and I agree to abide by the conditions therein, and to the payments being made directly to True Adventure in accordance with the attached payment schedule.

"I hereby authorise a True Adventure Leader to take the appropriate action and administer any treatment he or she deems necessary for the health and welfare of my child whilst on expedition or training expedition. I also hereby agree that the team member named on this application form is permitted take part in any True Adventure arranged activity, (see clause 12.1 of the Booking Conditions), adventurous or otherwise, during the expedition, and rest and relaxation phase, subject to any such activity and provider of such an activity being adequately Risk Assessed and approved by True Adventure".

Signature of Applicant:		Date:	
Signature of Parent or Legal Guardian:		Date:	
Deposit Paid (please indicate your deposit payment method):	Chq	Bank Transfer	Cash

As part of True Adventure's commitment to the environment we prefer to only write to you electronically. All future correspondence will be either through My True Adventure, our online portal, or via email. Please tick this box if you would also like to receive written correspondence from us.

Please tick this box if you would like to be excluded from any marketing material we may send that is not directly related to your expedition.

T-Shirt Sizing

You will be issued with a team t-shirt in due course. Please indicate the size required:	Small, Medium, Large, X Large
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Please return this application form to your teacher, the True Adventure representative at the expedition Launch Meeting or directly to True Adventure Limited, The Wharf, Midhurst, West Sussex, GU29 9PX. Please ensure you have completed each section of this application form in full and that it is signed by both parties. Please enclose your completed Standing Order form and Deposit Cheque of £200 (with name and school on the reverse). If you would prefer to pay the deposit online, please use the account details shown on the standing order form, giving your child's surname as a reference.

Standing Order Form 2018

- Please note that all boxes MUST be complete for us to be able to process the form. Incomplete forms will be returned to the account holder.
- Please do not change or add any details outside the boxes to be completed.
- True Adventure is not able to change the dates or amounts of Standing Orders on your behalf. The account holder is responsible for contacting their bank should they wish to change or cancel the Standing Order. Please keep a copy of the completed form for your own records.
- This form must be sent to True Adventure, not to your bank.

Venturer Details

Venturer Name	
School	

Account Holder Details

Title	First Name	Surname	
Address			
Telephone No			

Instruction

"I request you to pay to Lloyds TSB, 20 High Street, Gosport, Hampshire, PO12 1DE (Sort Code: 30 93 56) for the credit of True Adventure Limited, Account No 34252168 the amount of £140 (One hundred and forty pounds) Monthly, on the 1st of each month."

First Payment Date	Last Payment Date	1 st April 2018
Signature**	Date	

**PLEASE NOTE: The Account Holder must be over 16 to allow authorisation

Your Banking Details (Please Print)

Account Number	Sort Code	
Bank Name	Account Name	
Bank Address		
	Bank Post Code	

Do not write below this line (for True Adventure to fill in, please leave blank)

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How to Apply

We want as many people as possible to have the opportunity to participate in this amazing opportunity and so offer a variety of options for application and payment.

Students wishing to join the expedition should attend the Launch Meeting and will need to have completed the application process either online via our website, or manually using the forms provided.

Online Applications		Paper Applications
Visit <u>www.true-adventure.co.uk</u> and follow the My True Adventure link in the top right hand corner of the page. Register for expedition using your own personal email address and the Expedition ID: ABING2018.		Complete the Application Form and Standing Order mandate and bring these along to the Launch Meeting.
Parents or Students can complete the application process, and each party will then be invited to complete and confirm their details.		A deposit cheque of £200 should accompany your Application Form, alternatively you may prefer to pay this online, direct from your bank
The application is complete when you have paid the £200 deposit and set up your direct debit payments, all of which can be completed as part of our online application.		account, using the details below.

Payment Plan

On application	£200	Deposit (online, cheque or bank transfer)
1 December	£140	Monthly DD or SO
1 January 2017	£140	Monthly DD or SO
1 February	£140	Monthly DD or SO
1 March	£140	Monthly DD or SO
1 April	£140	Monthly DD or SO
1 May	£140	Monthly DD or SO
1 June	£140	Monthly DD or SO
1 July	£140	Monthly DD or SO
1 August	£140	Monthly DD or SO
1 September	£140	Monthly DD or SO
1 October	£140	Monthly DD or SO
1 November	£140	Monthly DD or SO
1 December	£140	Monthly DD or SO
1 January 2018	£140	Monthly DD or SO
1 February	£140	Monthly DD or SO
1 March	£140	Monthly DD or SO
1 April	£140	Monthly DD or SO
1 May	£915	Final Payment (online, cheque or bank transfer)
Total	£3,495	· · · · · · · · · · · · · · · · · · ·

- The £200 deposit is fully refundable upon within 30 days of the Launch Meeting, should the applicant withdraw.
- Deposits can be paid online as part of the application process, by cheque made payable to True Adventure Limited or direct to our bank account using the details below. Please note the applicant's name and school on cheques or use as a reference on any bank transfers.

Account Name: Account No:	True Adventure Ltd 34252168	Bank: Sort Code:	Lloyds, Gosport 30 93 56	
Account No.	34232100	Son Code.	30 93 30	

- Payment is by monthly standing order or direct debit, with a larger final payment due no later than 60 days prior to departure. A direct debit instruction can be set up online as part of our application process, or a hard copy of the Standing Order Mandate completed and returned to us.
- Except for the deposit, all payments are due on the first day of the month.

Still not sure?

If you are still unsure, please visit our website <u>www.true-adventure.co.uk</u> - you can still register your interest in the expedition, using your email address and the Expedition ID noted above. We hope that the portal will give you an insight into some of the help and support available throughout the process and you will be able to come back later and complete your registration.

Please do come along to the Launch Meeting also, where you will have the opportunity to ask further questions and discuss any concerns on a one-to-one basis with your Expedition Manager. If you have any queries about any aspect of the programme, please contact Ellie Day on 07771 970153 or <u>ellie@true-adventure.co.uk</u>



True Adventure Limited The Wharf Midhurst West Sussex GU29 9PX Tel: 01730 812742 Email: info@true-adventure.co.uk Web: www.true-adventure.co.uk

Nicaragua Destination Brief



The Expedition

The expedition in Nicaragua will usually consist of four different phases, each offering very unique experiences. These normally include:

Acclimatisation

Arriving in to the city of Leon, in Nicaragua, the team will spend a few days adjusting to the tropical climate and unique culture in this bustling city that sits in the shadow of the famous Maribos volcano range. This is a great opportunity to explore the city, with its colourful architecture, interesting museums and impressive cathedral.

Trek

The team has a chance to trek in the Maribos volcano range in Nicaragua, which consists of 21 gently smoking volcanoes. The team may choose to hike up the side of one of these imposing volcanoes, peer into crater and see the magma! The trek also takes in the brilliant Cerro Negro which takes a couple of hours to walk up but only a minute to come down on board a sledge!

Project

This project is a valuable and rewarding phase teams can volunteer and take part in a variety of environmental or community based projects. Past examples include repairing community buildings, building play grounds for the local children or desperately needed sanitation facilities for schools or the community, all chosen through consultation with the locals.

Culture & Review Diving

Finally, venturers can move on to the coast and enjoy some of Nicaragua's stunning beaches. For most students the highlight will be a surfing lesson in the rolling Pacific waves.

Key facts

Climate & Environment

- Terrain: Mountains, coast, cloud forest, rainforest and volcanoes
- Weather: Average year round temperatures in the mid 20's. The country's climate is divided into wet and dry seasons. The dry season runs from January-May and the wet season from May-December.
- Culture: There are many local indigenous languages and the country is heavily influences by Spanish culture.

How Challenging?

Our Costa Rica and Nicaragua adventure is graded as moderate; however, some more challenging days can be expected when trekking in the volcano regions and through the jungle. The fitter you are the more you will enjoy the expedition.



Range of challenge Costa Rica and Nicaragua: 3 - 5

<image>

What a 21 day trip might look like:

Day	Activity
1-2	On arrival in Leon, Nicaragua's second largest city, the team can spend a few days acclimatising to the vibrant culture and tropical climate of the country. This is a great opportunity to explore the city, admiring it's rich architecture fascinating museums and interacting with the locals, practicing your foreign language skills,
4-8	The team may decide to do a multi-day trek through the dramatic and stunning landscape of the Maribos Volcano range, home to dozens of gently smoking volcanoes. To begin the trek, you can climb volcanic Telica, and camp overnight with the chance to view the active crater from the summit. On day 2, you can tackle Cerro Negro, a two hour hike up an ash covered hill side, and those who dare can board down the volcano in less than 1 minute! There are also the amazing El Hoyo and Momotombo volcanos along the way.
9-15	In Granada, you will be met by your project hosts to discuss how you can make the most of your time here. The team has the opportunity to really help the local community by refurbishing a school or other community buildings, or building desperately needed sanitation facilities for the schooll.
16-18	You will then move onto Ometepe Island, the famous duel volcano in the centre of Lake Nicaragua. Here you will have the chance to explore the well preserved natural environment of the island and take in the stunning views of Concepcion and Maderas, the two perfectly formed volcanic peaks, steeped in Nicaraguan history and folklore.
19-21	The team has the chance to travel to Nicaragua's beaches, where you may decide to relax and enjoy the stunning beaches or learn how to surf. You will then return to the colonial city of Greneda to enjoy the picturesque streets and the local markets before your flight home.

Why True Adventure?

True Adventure is not the only schools expedition provider but we are unique. As a family run business our whole team has considerable expertise and passion for expeditions, personal development and travel, we take pride in every expedition being bespoke. Our motivation comes from the positive impact we have on the whole expedition team as well as the locals living in the countries we travel to. This is why we're proud to partner with unique and sustainable projects to ensure every expedition has a genuine impact.

We embrace technology but believe in the value of face-to-face support to help the Venturers with their fundraising and planning, which is why we visit them in school every half term before departure.

We're large enough to have industry leading support and safety systems in place but small enough to care about all the details; such as ensuring your Expedition Leader is appointed early enough to run your training expedition and making sure the Operations Room is staffed by experienced, full time staff who know who you are and understand your itinerary.

Booking Conditions



True Adventure Limited The Wharf, Midhurst West Sussex GU29 9PX

Office Tel: 01730 812742 Email: info@true-adventure.co.uk Web: www.true-adventure.co.uk

Booking Conditions

Your contract is with True Adventure Limited, a company registered in England and Wales with registration number 05836411 whose registered office is at The Wharf, Midhurst, West Sussex, GU29 9PX.

DEFINITIONS AND INTERPRETATION 1.1

- In this document, the following terms and expressions are used:
- "ATOL" means Air Travel Organisers Licence
- 'Client" means the Parent (where the Participant is under 18 years of age) or the Participant (where the Participant is over 18 years of age)
- 'Contract" means the contract made between the Client and/or the Participant, and True Adventure, in connection with an Expedition incorporating these terms and conditions
- 'Departure Date" means the date of departure of the Expedition from the United Kingdom 'Deposit" means the non-refundable first instalment payable upon booking the Expedition "Expedition" means the planning, preparation and training for, and ultimately participation
- in, an overseas expedition for a length of time agreed at the time of booking 'Expedition Application Form" means the application form (which includes a medical form) required by True Adventure to enrol a Participant on the Expedition that includes contact and
- personal details of the Participant and constitutes a signed declaration of intent to accept these terms and conditions "Expedition Assistant" means any adult participant on the Expedition who is not the
- Expedition Leader or a Participant
- Expedition Leader" means the person employed by True Adventure who has sole discretion for making decisions on behalf of the Team during the Expedition in relation to the Expedition. "Expedition Training" means the obligatory training event.
- "Force Majeure" means any situation or event beyond the control of True Adventure including (but not limited to) an act of god, war or threat of war, riot, civil strife, industrial dispute, terrorist activity and its consequences, natural or nuclear disaster, fire, outbreak of disease or imposition of quarantine, epidemics or health risks, closed or congested airports, ports supplier such as flights by airlines or main charter, the alteration of transport by the transport supplier such as flights by airlines or main charter, the alteration of transport, transport schedule or transport types, adverse weather conditions (actual or threatened), avalanche and technical failure with transport, Foreign and Commonwealth Office advice changing and advising against travel to the Expedition destination, poor local infrastructure, or where True Adventure deems the safety of a group could not be guaranteed.
- "Launch Meeting" means the meeting between the Client and/or Participant and True Adventure, designated for the Client and/or Participant to submit their Expedition Application Form and standing orders and pay the Deposit as set out in clause 6.1.
- 'Leader Team" means the Expedition Leader and School Leader(s) and where included on the Expedition any Expedition Assistants.
- "Major Change" means a significant change in the itinerary, destination or the length of the Expedition
- "Parent" means the Participant's parent or legal guardian "Participant" means the person taking part in the Expedition or, if he or she is under 18 years of age at the time of booking, his or her Parent ("You" as referred to in these Conditions) "Rest and Relaxation Phase" means a period during the Expedition when Participants can
- choose to participate in and pay for excursions, activities or tours which are not included in the cost of the Expedition as agreed at the start of the programme
- 'Team" means the group departing on an Expedition including the Leader Team
- "True Adventure" means True Adventure Limited, a company registered in England and Wales (Company number 05836411), which is a wholly owned subsidiary of Global Expeditions Limited, a company registered in England and Wales (Company number 07283093), and both companies have a registered office at The Wharf, Midhurst, West Sussex, GU29 9RE.
- Where the expression "Participant" includes two or more persons, the obligations expressed 1.2 or implied relate directly to each individual Participant.
- 1.3 Any reference to a statute shall include any statutory extension or modification or re-enactment of such statute and any other instrument plan, regulation, permission or direction made or issued there-under or delivering validity there-from.
- Wording importing the singular meaning shall include the plural meaning and vice versa. 14 All wording within the Contract is generalised to the Participant, referring to the masculine, feminine and neuter genders.
- The clause and paragraph headings are for convenience only and shall not affect the 1.5 construction of this document.
- The expressions used in the Expedition Application Form and other documents issued by 1.6 True Adventure to the Client and/or the Participant shall have the same meanings when used in these terms and conditions.

2. **Your Agreement**

- 2.1 When you make a booking, you do so on behalf of yourself and others on whose behalf you have booked. You warrant and guarantee that you have the authority to accept, and do accept, these terms and conditions which shall apply to your booking to the exclusion of all other terms and conditions and that where you are the Parent of the Participant on whose behalf this booking is being made you have the authority to place this booking on behalf of such Participant.
- When making a booking, you must submit to us your completed and signed Expedition Application Form and your Deposit. The Contract between us will come into existence once 22 we have received your Expedition Application Form and Deposit.
- 2.3 The Contract shall continue until the Expedition has ended but such expiry shall not affect accrued rights and liabilities of the parties and shall not affect any continuing obligations of the parties under the Contract.
- 2.4 You confirm that the Expedition Application Form has been completed fully and accurately and you will inform us in writing as soon as possible, and not less than 60 days before the Departure Date if any of the details provided on the Expedition Application Form have changed.
- Subject to the Unfair Contract Terms Act 1977, all conditions and terms implied by statute or 2.5 common law are excluded to the fullest extent permitted by law.
- The website and literature associated with your Expedition are prepared several months 2.6 before the Expedition(s) commence and although every effort is made to ensure complete accuracy, it is inevitable that some of the prices or details may have changed since the brochure was printed and/or the website was created. We will inform you prior to entering into the Contract of any changes to the Expedition that we are aware of at that time.

2.7 Only a company director of True Adventure has authority to vary or waive any of these terms and conditions or promise any discount or refund. No verbal quote shall be binding on True Adventure. 3.

Special Requests

- 3.1 If you have any special requests, you should inform us of such requests when booking. We cannot guarantee that such requests will be met and shall have no liability to you if such requests are not met.
- If any Participant has any medical problem or disability, please tell us before you make your booking so that we can advise as to the suitability of the chosen arrangements. In any 3.2 event, you must notify us on the Expedition Application Form. If any medical problems or disabilities are suffered or arise between the Expedition Application Form being submitted and the Departure Date you must notify us immediately. We reserve the right to decline or cancel a booking or part of a booking without having to pay any compensation if:
 - 3.2.1 any medical problem or disability is disclosed to us on the Expedition Application
 - 3.2.2 any medical problem or disability is disclosed to us after the Expedition Application Form is submitted to us but before the Departure Date;
 - 3.2.3 any medical problem or disability is not disclosed to us; and such medical problem or disability is likely to prejudice the Participant's health and safety or the health and safety of anyone else participating in the Expedition. Any additional insurance cover which is required as a result of any Participant's medical problem or disability will be added to the Expedition Price payable under Condition 6. We may require a Participant to obtain confirmation from a medical professional that he/she is fit to travel. You acknowledge and agree that ultimate responsibility for the health, safety and wellbeing of every Participant on an Expedition rests with us and as such, if we reasonably believe that any Participant is not sufficiently fit to take part in the Expedition we may decline or cancel that Participant's place on the Expedition at any time
- Where any Participant has come into contact with any infectious disease you must notify 3.3 us immediately. Where the Departure Date falls within the accepted quarantine period for transmission of the disease, we reserve the right to exclude that Participant as set out in Condition 3.2 above; this shall be deemed to be cancellation arising from an event of Force Majeure

Your Responsibilities 4.

- By signing the Expedition Application Form you confirm that the Participant is aware of, 4.1 understands and consents to the likely physical demands of the Expedition. You confirm that the Participant is aware of the possible effects of such things as, but not restricted to, high altitude, poor local hygiene, heat related illnesses, fatigue, jungle, desert or cold environments, and tropical diseases. You declare yourself/the Participant to be sufficiently physically fit and medically healthy to participate safely. You confirm that the Participant accepts the authority of the Leader Team.
- 4.2 We recommend that you research your chosen destination using such resources as www.nathnac.org, www.fitfortravel.nhś.uk and www.fco.gov.uk before booking.
- 4.3 Participants must at all times throughout the Expedition abide by the laws and customs of the countries visited and behave in a respectful and considerate manner to local people and to other members of the Expedition.
- 4.4 The Participant's behaviour during the Expedition must not prejudice the safety and wellbeing of all or any member of the Expedition, or its satisfactory progress.
- Any arrangements which the Participant makes independently which do not form part of the 4.5 published Expedition itinerary are entirely at their own risk. In such an event all liability and responsibility that we bear to you/the Participant will immediately cease.
- We provide specialist equipment for the Expedition and we are responsible for the maintenance of such equipment. Where the Participant deliberately or recklessly 4.6 causes damage to any such equipment, whether during the Expedition or during any pre-Expedition training provided by us, you shall indemnify us and keep us indemnified from all losses arising from any such wilful or reckless damage so caused including legal costs of making a recovery against you.
- You will be responsible for arranging any transfers to your departure airport and from your 4.7 arrival airport upon your return from the Expedition.

5. **Your Financial Protection**

- 5.1 The Package Travel, Package Holidays and Package Tours Regulations 1992 require us to provide security for the monies that you pay for the Expedition booked and for your repatriation in the event of our insolvency
- 5.2 Any flights we book for you are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 9302. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid to us for an advance booking. The price of the Expedition includes the ATOL Protection Contribution (the amount of which varies from time to time but confirmation of which is available on request). For further information, visit the ATOL website at www.atol.org.uk
- When you buy an ATOL protected flight or flight inclusive holiday from us you will receive an 5.3 ATOL Certificate. This lists what is financially protected, where you can get information on what this means for you and who to contact if things go wrong.

We, or the suppliers identified on your ATOL Certificate, will provide you with the services listed on the ATOL Certificate (or a suitable alternative). In some cases, where neither we nor the supplier are able to do so for reasons of insolvency, an alternative ATOL holder may provide you with the services you have bought or a suitable alternative (at no extra cost to you). You agree to accept that in those circumstances the alternative ATOL holder will perform those obligations and you agree to pay any money outstanding to be paid by you under your contract to that alternative ATOL holder. However, you also agree that in some cases it will not be possible to appoint an alternative ATOL holder, in which case you will be entitled to make a claim under the ATOL scheme (or your credit card issuer where applicable). If we, or the suppliers identified on your ATOL certificate, are unable to provide the services listed (or a suitable alternative, through an alternative ATOL holder or otherwise) for reasons of insolvency, the Trustees of the Air Travel Trust may make a payment to (or confer a benefit on) you under the ATOL scheme. You agree that in return for such a payment or benefit you assign absolutely to those Trustees any claims which you have or may have arising out of or relating to the non-provision of the services, including any claim against us, the travel agent (or your credit card issuer where applicable). You also agree that any such claims may be re-assigned to another body, if that other body has baid sums you have claimed under the ATDL scheme. In accordance with EU Regulation 2111/2005 we are required to advise you of

the actual carrier operating your flight/connecting flight/transfer. We do this by listing carriers to be used or likely to be used include but is not exhaustive: Emirates, Qatar, Virgin Atlantic, Jet, British Airways, American Airlines, United Airlines, EasyJet, Avianca, Vietnam Airlines, Singapore Airlines.

5.4 Any changes to the actual airline after you have received your tickets will be notified to you as soon as possible and in all cases at check-in or at the boarding gate. Such a change is deemed to be a minor change. Other examples of minor changes include alteration of your outward/return flights by less than 12 hours, changes to aircraft type, change of accommodation to another of the same standard.

6. Your Expedition Price

- 6.1 When you make your booking you must pay a Deposit of two hundred pounds (£200.00) per person which is fully refundable within 30 days of the date of the Launch Meeting. You must pay the balance of the cost of the Expedition no later than 60 days before the Departure Date, otherwise we reserve the right to cancel your booking and the Contract. If the balance is not paid in time and we cancel your booking we shall retain your Deposit and any instalments paid as set out in clause 8.
- 6.2 In respect of the balance referred to in clause 6.1 and in respect of all payments payable under the Contract for the Expedition, the confirmation will set out the payment dates and amounts of payments due and shall be subject to these conditions.
- 6.3 Changes in transportation costs, including the cost of fuel, taxes, duties or fees chargeable for services such as landing taxes or embarkation or disembarkation fees at ports and airports and fluctuation in exchange rates mean that the price of your Expedition may change after you have booked. There will be no change within 30 days of your departure.
- 6.4 We will absorb and you will not be charged for any increase equivalent to 2% of the price of your arrangements, which excludes insurance premiums and any amendment charges. You will be charged for any amount over and above that. If this means that you have to pay an increase of more than 10% of the price of your Expedition, you will have the option of transferring to another Expedition if we are able to offer one (if this is of equivalent or a higher price you will not have to pay more but if it is of lower price you will be refunded the difference) or withdrawing subject to our Booking Conditions.
- 6.5 Should the price of your Expedition go down due to the changes mentioned above, by more than two per cent [2%] of your Expedition cost, then any refund due will be paid to you. However, please note that some foreign parts of the Expedition are not always purchased in local currency and some apparent changes have no impact on the price of your Expedition due to contractual and other protections in place.
- 6.6 The price of your travel arrangements will be calculated using exchange rates quoted in the Financial Times Guide to World Currencies.
- 6.7 Where any payment due under the Contract from you is overdue, we reserve the right to charge you interest (both before and after any judgment) on the amount unpaid, at the rate of four per cent (4%) per year above Barclays Bank plc base rate from time to time, until payment in full is made (a part month being treated as a full month for the purpose of calculating interest).

7. If You Change Your Booking

- 7.1 We start to incur costs from the moment you make your booking. If you wish to change your Expedition in any way, we will do our utmost to make these changes but it may not always be possible. Any request for changes to be made must be in writing from you. You will be asked to pay an administration charge of fifty pounds (£50.00) together with any further costs we incur in making this alteration (an "Amendment Charge"). You should be aware that these costs could increase the closer to the Departure Date that changes are made and you should contact us as soon as possible if you need to amend the booking.
- 7.2 Note: Some travel arrangements (e.g. Most discounted air ticket, Apex Tickets) may not be flexible after a booking has been made and any alteration request could incur a cancellation charge of up to 100% of that part of the Expedition.
- 7.3 We may, at our discretion, allow you to transfer your booking to another person provided that such other person indicates their acceptance of these Terms and Conditions and satisfies the requirements set out in them. In the event of such a transfer an amendment charge as set out in clause 7.1 shall be payable by you to cover the costs incurred by us in making this alteration, and in addition we will retain the Deposit which will not be refundable. We will make no refunds of any balance paid until the person taking over the booking has paid the amount of the total price which is due. We accept no liability to you if we refuse to transfer your booking to another person for any reason.

8. If You Cancel Your Expedition

8.1 You may cancel your Expedition at any time. Your written notification must be received at our office at The Wharf, Midhurst, West Sussex, GU29 9PX. Since we incur costs in cancelling your Expedition, you will have to pay the applicable cancellation charges up to the maximum shown below, save for the circumstances set out in clause 8.3 below.

Time before departure that notice of cancellation is received by True Adventure	Percentage of Expedition price Payable by the Participant	
less than 15 days	100%	
More than 16 days but less than 1 month	95%	
More than 1 month but less than 2 months	90%	
More than 2 months but less than 3 months	80%	
More than 3 months but less than 4 months	65%	
More than 4 months but less than 5 months	60%	
More than 5 months but less than 6 months	55%	
More than 6 months but less than 7 months	50%	
More than 7 months but less than 8 months	45%	
More than 8 months but less than 9 months	40%	
More than 9 months but less than 10 months	35%	
More than 10 months but less than 11 months	30%	
More than 11 months but less than 12 months	25%	
More than 12 months	£200 plus £50 for each month from	

the date 30 days after the contract with the Participant is formed.

The following table is applicable only to venturers travelling with schools that launch their expedition within 1 year of departure

Time before departure that notice of cancellation is received by True Adventure	Percentage of Expedition price Payable by the Participant	
less than 15 days	100%	
More than 16 days but less than 1 month	95%	
More than 1 month but less than 2 months	90%	
More than 2 months but less than 3 months	80%	
More than 3 months but less than 4 months	50%	
More than 4 months but less than 5 months	40%	
More than 5 months but less than 6 months	30%	
More than 6 months	£50 for each month from 30 days after the Launch date plus the deposit	

- 8.2 Note: If the reason for your cancellation is covered under the terms of your insurance policy, you may be able to reclaim these charges but it is your sole responsibility to do so and we accept no liability for any acts or omissions of your insurance company.
- 8.3 If a Participant withdraws from the Expedition as a direct result of one of the following events then, provided the Participant or Parent provides clear and satisfactory evidence (to be determined at True Adventure's sole discretion), then True Adventure shall refund any sums it has received in respect of the Participant towards the Expedition less an administration charge of £300 if more than 12 months before departure, £600 if within 12 months of departure but more than 90 days from departure and £800 within 90 days of departure. (such administration charges being, for the avoidance of doubt, non-refundable): These charges are in addition to the £200 deposit, which is non-refundable under any circumstances after the 30 day period.
 - 8.3.1 The onset of a medical condition which would prevent the Venturer participating in the expedition.
 - 8.3.2 The Participants accidental bodily injury, compulsory quarantine, summoning to jury service or witness attendance in any court;
 - 8.3.3 The death or serious injury of a next of kin (parent or sibling) which necessitates the presence of the Participant in the United Kingdom; or
 - 8.3.4 The death of the Participant.
- 8.4 Any withdrawal enforced by the School on behavioural grounds will be treated as a voluntary withdrawal as detailed above.
- 8.5 Further to clause 8.3 above, in case of injury a doctor's certificate will be required and True Adventure reserves the right to assess the condition 60 days prior to the Departure Date before making a final decision. Withdrawal as a result of injury sustained within 60 days prior to departure will be assessed by the True Adventure medical consultant. For the avoidance of doubt, pre-existing medical conditions will only be covered by clause 8.3 if the condition has suddenly and unexpectedly deteriorated to a degree which renders the Participant unfit to travel and where such deterioration could not have been reasonably foreseen at the time of completion of the Expedition Application Form.
- 8.6 Please note, any condition for which the venturer has been receiving treatment within 12 months prior to the application form being submitted, will not be covered in the event that the venturer has to withdraw from the expedition for medical reasons. Any such cancellation with be treated as a voluntary withdrawal as detailed above.

9. If We Change or Cancel Your Expedition

- 91 It is unlikely that we will have to make any changes to your Expedition, but we do plan Expeditions many months (and sometimes years) in advance. Occasionally, we may have to make changes and we reserve the right to do so at any time. Most of these changes will be minor and we will advise you of them at the earliest possible date. The safety of the Expedition is our priority and we reserve the right to transfer any Expedition destination to an alternative destination when we consider that this is necessary. We also reserve the right in any circumstances to cancel your Expedition. For example, if the minimum number of Participants required for a particular Expedition is not reached, we may have to cancel it. We also reserve the right at any time prior to the Departure Date without prior consultation with you to notify you in writing that the Expedition will be merged with one or more other Expeditions travelling to the same country, or a similar destination. This will not constitute a major change. However, we will not cancel your Expedition less than 4 weeks before the Departure Date, except for reasons of Force Majeure or failure by you to pay the final balance. Subject to clause 9.3, if we are unable to provide the Expedition to your original destination or an alternative destination, you can either have a refund of all monies paid or accept an offer of an alternative Expedition of comparable standard from us if available (we will refund any price difference if the alternative is of a lower value price). If it is necessary to cancel your Expedition for reasons other than Force Majeure, we will pay to you compensation as set out in the table below.
- 9.2 If we cancel the Expedition we will not be liable for any indirect or consequential loss suffered by you such as, but not limited to, onward travel arrangements, subsequent tours or onward flight arrangements.
- 3 If we make a Major Change to your Expedition, we will inform you as soon as reasonably possible if there is time before your Departure Date. You will have the choice of either accepting the change of arrangements, accepting an offer of an alternative Expedition of comparable standard from us if available (we will refund any price difference if the alternative is of a lower price), or withdrawing subject to our Booking Conditions. In all cases of Major Change, except where the Major Change arises due to reasons of Force Majeure, we will pay compensation as detailed below:

IF WE MAKE A MAJOR CHANGE TO OR CANCEL YOUR EXPEDITION Period before departure within which notice of

cancellation or Major Change is notified to you	Amount you will receive from us	
More than 61 days before Departure Date	£0	
31-60 days before Departure Date	£10	
16-30 days before Departure Date	£20	
Less than 15 days before Departure Date	£30	

9.4 The compensation that we offer does not exclude you from claiming more if you are entitled to do so by law.

9.5 Force Majeure: This means that we will not pay you compensation if we have to cancel or change your Expedition in any way because of unusual or unforeseeable circumstances beyond our control (see the definition of Force Majeure in Clause 1 above).

10. Our Liability to You

- 10.1 Our obligations and those of our suppliers providing any service or facility included in your Expedition are to take reasonable skill and care to arrange for the provision of such services and facilities and where we or our supplier is actually providing the service or facility, to provide them with reasonable skill and care.
- 10.2 You should be aware that standards including safety and hygiene may be lower than you would expect in the UK. The services provided as part of the Contract we have with you will be deemed to be provided with reasonable skill and care if they comply with the local (in country) standards where the service is delivered.
- 10.3 We will not be liable where any failure in the performance of the Contract is due to;
 - 10.3.1 you/the Participant;
 - $10.3.2^{-}$ a third party unconnected with the provision of the Expedition;
 - 10.3.3 unusual and/or unforeseeable circumstances beyond our control, the consequences of which could not have been avoided even if all due care had been exercised; or
 - 10.3.4 an event which we or our suppliers, even with all due care, could not foresee or forestall.
- 10.4 Our liability in contract, tort or otherwise arising, except in cases involving death, fraudulent misinterpretation or personal injury, shall be limited to a maximum of twice the price paid by any individual Participant to undertake the Expedition. Our liability will also be limited in accordance with and/or in an identical manner to
 - 10.4.1 the contractual terms of the parties that provide the transportation for your travel arrangements. These terms are incorporated into this Contract; and
 - 10.4.2 any relevant international convention, for example the Montreal Convention in respect of travel by air, the Athens Convention in respect of travel by sea, the Berne Convention in respect of travel by rail and the Paris Convention in respect of the provision of accommodation, which limit the amount of compensation that you can claim for death, injury, delay to passengers and loss, damage and delay to luggage. We are to be regarded as having all benefit of any limitation of compensation contained in these or any applicable conventions.
- 10.5 You can ask for copies of the international conventions from our offices.
- 10.6 Under European law [Regulation 261/2004] you have rights in some circumstances to refunds and/or compensation from your airline in cases of denied boarding, cancellation or delay to flights. Full details of these rights will be publicised at EU airports and will also be available from airlines. However reimbursement in such cases will not automatically entitle you to a refund of your Expedition cost from us. Your right to a refund and/or compensation from us is set out in clause 8. If any payments to you are due from us, any payment made to you by the airline will be deducted from this amount. If your airline does not comply with these rules you should complain to the Air Transport Users' Council on 020 7240 6061 www.auc.org.uk

11. Passport, Visa, Immigration Requirements and Local Laws and Regulations

- 11.1 Your specific passport and visa requirements, and other immigration requirements are your responsibility and you should confirm these with the relevant Embassies and/or Consulates. We do not accept any responsibility and shall not be liable if the Participant cannot travel or cannot participate in any part of the Expedition because the Participant has not complied with any passport, visa or immigration requirements. For full information on any passport or visa requirements, see the UK Passport Office website www.passport.gov.uk.
- 11.2 You are responsible for obtaining and having available the necessary documents (including but not limited to full, current passport valid for the duration of the Expedition and at least 6 months from the last day of the Expedition and visas for all periods, countries and territories within the Expedition | enabling you to participate in the Expedition (including all costs, charges or fees relating to the same) and shall comply with all local legislation and regulations of the Countries in which the Expedition takes place (including immigration requirements, customs regulations and currency exchange). You shall indemnify us against any loss or expense that we may incur or suffer as a result of breach of this clause by you.
- 11.3 True Adventure therefore require a copy of the valid passport that will be used on expedition at least three months prior to departure.

12. Excursions during the Rest and Relaxation Phase

12.1 For excursions, activities or other tours that you may choose to book or pay for during the Rest and Relaxation Phase which are not part of your Expedition arrangements provided by us, your Contract will be with the operator of the excursion, activity or tour and not with us. We are not responsible for the provision of the excursion, activity or tour or for anything that happens during the course of its provision by the operator. Costs paid for such excursions, activities or tours are separate from the cost of the Expedition and may not be refundable in the event of cancellation by you of the Expedition.

13. Behaviour

- 13.1 We may exclude the Participant from the Expedition or any part thereof at any time (including during the Expedition itself) if we are of the opinion that the Participant are likely to prejudice the good order, discipline or safety of the Expedition, including as a result of failing to comply with the Expedition Leader's instructions and breaking any law or regulation of any country where the Expedition takes place, provided that we exercise our discretion reasonably in this regard. In such event, you shall reimburse to us any reasonable costs, losses or expenses which we incur or suffer as a result of our decision to exclude the Participant.
- 13.2 In the event of the Participant being excluded from the Expedition under the provisions of this clause, no refunds will be given and we will not be responsible for and you agree to indemnify us against any costs arising including costs of repatriation e.g. flights and losses or expenses and legal expenses.

14. Health and Safety

14.1 By signing the declaration on the Expedition Application Form you confirm that you (or where you are the Parent or Legal Guardian, that the Participant) do not/does not suffer (or has ever suffered) from any pre – existing medical condition that may prevent you/them from actively participating in the Expedition other than those that have been declared to us.

- 14.2 It is your responsibility to ensure that you have received the necessary inoculations and medications (and taken them as prescribed by your doctor) relevant to the destination country (any costs, charges or fees for which you are solely responsible for). Unless informed otherwise in writing we will assume that you are in good health and are not aware of any reason why you (or the Participant) may be unsuited to taking part in the Expedition. We recommend that the Participant consults their Doctor before making a booking to ensure that the Participant is medically fit and are fully aware regarding the immunizations and medical issues related to the Participant's destination Country.
- 14.3 If the Participant has any pre-existing medical condition, illness or disability, are undergoing medical treatment or, since entering into the Contract, develop any medical condition, illness or disability or undergo any medical treatment you must give us full particulars at the earliest opportunity and at the latest sixty (60) days before the Departure Date. If it is later discovered that a pre-existing condition was not declared within the specified time, and such condition would, if we had knowledge of it, led to our refusal to accept or to cancel your booking, we reserve the right to withdraw the Participant from the Expedition without any refund or recompense. In such event, you shall reimburse to us any reasonable costs, losses or expenses which we incur or suffer as a result. In the event of a Participant being withdrawn from an Expedition, no refunds will be given and we will not be responsible for [and you agree to indemnify us against] any costs, claims, losses and expenses arising including costs of repatriation e.g. flights and legal expenses.
- 14.4 By agreeing to these terms and conditions, you provide your consent for us to discuss the Participant's medical records with the school and compare the details held by the two organisations, ensuring the details held by True Adventure are the same as held by the school.
- 14.5 By agreeing to these terms and conditions, you provide your consent to us and our insurers obtaining the Participant's medical records should we consider it necessary. You will be responsible for any charges for the provision of the information.
- 14.6 If the information provided by you is incorrect and we discover that the correct information affects the Participant's suitability to take part in the Expedition, we may terminate the Contract and withdraw the Participant from the Expedition without refund or recompense, including during the Expedition. In such event, you shall reimburse to us any reasonable costs, losses or expenses which we incur or suffer as a result. In the event of a Participant being withdrawn from an Expedition, no refunds will be given and we will not be responsible for (and you agree to indemnify us against) any costs claims losses and expenses arising including costs of repatriation e.g. flights and legal expenses.
- 14.7 If you are applying for an expedition which includes diving you may need to have an appropriate medical prior to the expedition, and if you are not cleared to dive you will be able to snorkel as an alternative activity. This will also apply if you do not need to have a medical, but become unfit to dive, prior to or during the expedition.

15. Insurance

15.1 All Participants must be covered by personal travel insurance which will be provided by True Adventure through an insurer of its choice. A copy of our Key Facts are available upon request.

16. Data Protection and Publicity

- 16.1 We shall ensure that proper appropriate security measures are in place to protect the Participant's personal data (as defined in the Data Protection Act 1998). When you make a booking, you consent to all the information you provide being passed on to our suppliers, agents, sub-contractors, employees or volunteers whether based inside or outside the European Economic Area for the purposes of our providing you with the Expedition.
- 16.2 By agreeing to these terms and conditions, the Participant consents to our staff taking photographs and or video footage of the Participant during the Expedition and that these images may be used by us for publicity and training purposes including, but not limited to, in brochures, websites and, marketing material. If you would prefer to opt out of this, please contact us in writing to inform us of your decision.

17. If You Have A Complaint

- 17.1 If you have a problem during your Expedition, please inform the Expedition Leader immediately who will endeavour to put things right. If your complaint is not resolved locally, please follow this up by writing to our office at The Wharf, Midhurst, West Sussex, GU29 9PX, giving your booking reference and all other relevant information and where possible evidence. We must receive any such complaint not later than 28 days of the date of your return from the Expedition.
- 17.2 It is strongly recommended that you communicate any complaint to the supplier of the services in question as well as to our representative without delay and complete a report form whilst on Expedition.
- 17.3 If you fail to follow this procedure we will have been deprived of the opportunity to investigate and rectify your complaint whilst you were in-country and this may affect your rights under this Contract as you will have failed to have mitigated (minimised) your losses and will be unable to recover compensation for this element subsequently.

18. General

- 18.1 We shall be entitled to novate or assign the Contract or any part of it to any third party. You shall not be entitled to assign the Contract or any part of it without our express written consent.
- 18.2 The Contract incorporates these terms and conditions, which are governed by English Law, and you agree to the exclusive jurisdiction of the English Courts.
- 18.3 If any of these terms and conditions are found by any Court or other competent authority to be wholly or partly unfair or unenforceable the validity of the rest of the Contract and the rest of the condition in question shall not be affected and shall remain valid and enforceable to the extent permitted by law.
- 18.4 Where the context so admits, words denoting persons shall include natural persons, companies, corporations, firms, partnerships, limited liability partnerships, joint Expeditions, trusts, voluntary associations and other incorporated and/or unincorporated bodies or other entities (in each case, whether or not having separate legal personality) and all such words shall be construed interchangeably in that manner.
- 18.5 A person who is not a party to the Contract or these terms and conditions has no right under the Contracts (Rights of Third Parties) Act 1999 to enforce any term of the Contract or these terms and conditions but this does not affect any right or remedy of a third party which exists or is available apart from this Act.

How to Apply

We want as many people as possible to have the opportunity to participate in this amazing opportunity and so offer a variety of options for application and payment.

Students wishing to join the expedition should attend the Launch Meeting and will need to have completed the application process either online via our website, or manually using the forms provided.

Online Applications	OR	Paper Applications
Visit <u>www.true-adventure.co.uk</u> and follow the My True Adventure link in the top right hand corner of the page. Register for expedition using your own personal email address and the Expedition ID: ABING2018.		Complete the Application Form and Standing Order mandate and bring these along to the Launch Meeting.
Parents or Students can complete the application process, and each party will then be invited to complete and confirm their details.		A deposit cheque of £200 should accompany your Application Form, alternatively you may prefer to pay this online, direct from your bank
The application is complete when you have paid the £200 deposit and set up your direct debit payments, all of which can be completed as part of our online application.		account, using the details below.

Payment Plan

On application	£200	Deposit (online, cheque or bank transfer)
1 December	£140	Monthly DD or SO
1 January 2017	£140	Monthly DD or SO
1 February	£140	Monthly DD or SO
1 March	£140	Monthly DD or SO
1 April	£140	Monthly DD or SO
1 May	£140	Monthly DD or SO
1 June	£140	Monthly DD or SO
1 July	£140	Monthly DD or SO
1 August	£140	Monthly DD or SO
1 September	£140	Monthly DD or SO
1 October	£140	Monthly DD or SO
1 November	£140	Monthly DD or SO
1 December	£140	Monthly DD or SO
1 January 2018	£140	Monthly DD or SO
1 February	£140	Monthly DD or SO
1 March	£140	Monthly DD or SO
1 April	£140	Monthly DD or SO
1 May	£915	Final Payment (online, cheque or bank transfer)
Total	£3,495	· · · · · · · · · · · · · · · · · · ·

- The £200 deposit is fully refundable upon within 30 days of the Launch Meeting, should the applicant withdraw.
- Deposits can be paid online as part of the application process, by cheque made payable to True Adventure Limited or direct to our bank account using the details below. Please note the applicant's name and school on cheques or use as a reference on any bank transfers.

Account Name: Account No:	True Adventure Ltd 34252168	Bank: Sort Code:	Lloyds, Gosport 30 93 56	
Account No.	54252100	Son Code.	30 93 30	

- Payment is by monthly standing order or direct debit, with a larger final payment due no later than 60 days prior to departure. A direct debit instruction can be set up online as part of our application process, or a hard copy of the Standing Order Mandate completed and returned to us.
- Except for the deposit, all payments are due on the first day of the month.

Still not sure?

If you are still unsure, please visit our website <u>www.true-adventure.co.uk</u> - you can still register your interest in the expedition, using your email address and the Expedition ID noted above. We hope that the portal will give you an insight into some of the help and support available throughout the process and you will be able to come back later and complete your registration.

Please do come along to the Launch Meeting also, where you will have the opportunity to ask further questions and discuss any concerns on a one-to-one basis with your Expedition Manager. If you have any queries about any aspect of the programme, please contact Ellie Day on 07771 970153 or <u>ellie@true-adventure.co.uk</u>



True Adventure Limited The Wharf Midhurst West Sussex GU29 9PX Tel: 01730 812742 Email: info@true-adventure.co.uk Web: www.true-adventure.co.uk