



ABINGDON

From Middle Master: Andrew Crisp

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Dear Parent

Advice Given To The 4th Year - How To Prepare For Exams

Here is the advice given to 4th Years (sent by email) on how they should prepare for the 4th Year exams from Monday 29 April – Friday 3 May.

In addition to specific information from subject teachers, here are some general principles:

- **How to prepare**
- Make sure you have a plan:
 - o Having a specific plan for each week of the holiday is the best option.
 - o In the holiday, you may wish to follow your school timetable and have evenings off.
 - o Include things you enjoy doing in this plan
 - eg. time with family, friends, sport, favourite TV programmes etc.
 - o Decide which slots you are going to revise. You do not need to revise all day every day. (maybe follow school timetable)
 - o Include breaks – do not try to work for hours on end.
 - o You may wish to spend time equally on all your subjects or spend more time on ones you find more difficult. (You decide what is best for you.)
- **How to revise**
 - o Revision is an active process not just looking at your work.
 - o Make notes – then reduce these further to trigger words or bullet points.
 - o Do past questions / past papers
 - o Make a note of the areas that you are finding difficult and discuss these with your teachers when you come back to school.
- **What to revise**
 - o There is lots of information and past questions on firefly on departmental pages.
 - o Follow the advice given to you by your teachers.
- **How long**
 - o I am not able to give you a number of hours. You need to do enough to show the progress that you have made this year. You need to do your best. However, you also need to have a break over the holiday so you should not be working the whole time.

Finally, here is a link to some helpful resources produced by Elevate, a company that helps young people prepare for exams. <https://drive.google.com/drive/folders/1TeQ-URFKUM0I4TzZfV-2lu5jAzBzqXeu?usp=sharing>

Yours sincerely

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