



ABINGDON

From Head of Wellbeing: Paul Gooding

1 March 2019

Dear Parent/Guardian

**Teenage Wellbeing presentation for parents
Tuesday 14 May 2019, 7pm Amey Theatre, Abingdon School**

a presentation to parents by Dick Moore

Former headmaster and international speaker, Dick Moore, is an expert on teenage wellbeing and mental health. He has spoken on Ted Talks and BBC Radio 4 and is coming to speak to Abingdon parents at 7pm on Tuesday 14 May 2019 in the Amey Theatre.

Please sign up at the link below to secure a free ticket as we anticipate this to be a very popular event:

http://abingdonschool.savoyssystems.co.uk/AbingdonSchool.dll/TSelectItems.waSelectItemsPrompt.TcsWebMenuItem_1428.TcsWebTab_139634.TcsPerformance_611374.TcsSection_84045

More information about the speaker:

Dick was born and brought up in London, and educated at Durham and Newcastle universities. He became an English teacher, rugby coach, boarding school housemaster and, for over twenty years, the headmaster of a co-educational day and boarding school. He is not a doctor, psychologist, psychiatrist or counsellor. But he does have wide experience of young people – not least as the father of four sometimes errant children! Circumstances led him to develop a passionate interest in adolescent development and emotional wellbeing. He qualified as a Youth Mental Health First Aid Instructor in 2012 and became an Associate Trainer for the Charlie Waller Memorial Trust in 2013.

Since November 2012, Dick Moore has been visiting schools, universities and organisations to help raise awareness of mental health issues.

For more information visit: <https://www.dickmoore.org/>

Yours sincerely

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