

Lunch Michaelmas 2019 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Yorkshire Pudding with Gravy	Cottage Pie	Smoked Paprika Chicken in a Tomato Sauce	Roast Pork with Apple Sauce & Stuffing	Breaded Fish
Quorn, Chickpea & Spinach Tagine	Vegetable Paella	Mushroom & Pepper Stroganoff	Vegetable Sausage Casserole	Bean Burger in a Bun
Mashed Potato Green Beans	Roast New Potatoes	Garlic Bread Peas & Sweetcorn	Roast Potatoes Cabbage Cauliflower Cheese	Chips Peas Mushy Peas
Apple Sponge & Custard	Spotted Dick & Custard	Fruit Crumble & Custard	Jelly & Cream	Rice Pudding & Jam

An assortment of salads and cold desserts, are available daily

**“We understand that food allergies can present a serious
Concern for some of our customers. If you would like
Information on the allergen content of our foods,
Please speak to a member of staff who
Will be happy to assist.”**

Lunch Michaelmas 2019 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry	Fish Finger, Tartar Wrap	<u>Pasta Bar</u> Beef Bolognaise	Roast Chicken Sage & Onion Stuffing	Fish Pie
Swedish Quorn Balls in a Arrabiatta Sauce	Sweet Potato, Quorn Aubergine Bake	Cheese & Leek Sauce	Stuffed Mushroom	Cheese & Tomato Pizza
Rice Peas	Potato Jacket Wedges Sweetcorn	Pasta & Mixed Vegetables Garlic Bread	Roasted Potatoes Cauliflower Cheese Carrots	Chips Baked Beans Peas
Apple Amber & Cream	Chocolate Sponge & Choc Sauce	Fruit Crumble & Custard	Syrup Sponge & Custard	Ice Cream

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Lunch Michaelmas 2019 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Stew & Dumplings	Cajun Chicken	Tuna & Sweetcorn Pasta Bake	Roast Gammon	Breaded Fish
Macaroni Cheese	Quiche of the Day	Tomato & Basil Sauce	Cheese, Leek & Broccoli Pie	Vegetable Stir - Fry
Mashed Potatoes Peas	Herby Roast Potatoes Mixed Vegetables	Pasta & Garlic Bread Green Beans	Roast Potatoes Cauliflower Cheese Cabbage	Chips Tomatoes Peas & Baked Beans
Lemon Curd Sponge & Custard	Jam Roly Poly & Custard	Fruit Crumble & Custard	Cherry Sponge & Custard	Pears & Chocolate Sauce

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