

**Year One**  
Autumn Term 2026 Curriculum Overview

| Year One<br>Autumn Term 2026 Curriculum Overview                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Extra-curricular events                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Trips, Key Events & Visitors                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Weekly Forest School                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Friday 11th September: Phonics Open Evening for new parents, 18.00 - 18.45<br>Parents and Staff Drinks, 18:45 - 19:45<br>Tuesday 22 September: Individual and class photographs<br>Tuesday 6 October: Year 1 trip to Hill End<br>Friday 9 October: Parent workshare, 8:15am - 9am<br>Wednesday 14 October: Year 1 Parents' Evening, 15:30 - 18:00<br>Friday 4 December: Pre-Prep Nativity, 14.30<br>TBC: Pre-Prep trip to Roves Farm<br>Friday 11 December: Term Ends at 12pm (No After School Club)                                                                                                                                   |
| English                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Maths                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Science                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| This term, pupils will focus on building consistent sentence accuracy using capital letters, finger spaces, and full stops. Across various text types, they will explore the structure of recounts using rich vocabulary and examine the key features of letter writing to compose their own letters. Through creative experiences involving art, drama, music, and food, pupils will immerse themselves in narrative structures to inspire their own story writing. Throughout the term, handwriting skills will be reinforced by focusing on pencil grip, relative letter size, and correct letter formation.                                                        | In Maths, pupils will start the term by learning to read and write numerals in both numbers and words. They will explore place value in two-digit numbers and begin to partition teen numbers. Pupils will learn different strategies to complete and record addition and subtraction number sentences, alongside rehearsing rapid recall of number bonds to 10. Additionally, they will identify, name, and describe the properties of 2D and 3D shapes. Later in the term, pupils will learn methods for data collection and representation, as well as how to measure using both standard and non-standard units. | This term the pupils will be introduced to the idea of working scientifically across a range of topics, including:<br><br><b>Animals inc. humans:</b> Pupils will identify and label basic parts of the human body and be aware of the five senses. Pupils will investigate and observe the differences between humans and animals, using evidence.<br><b>Forces:</b> The pupils will investigate simple forces such as push and pull and how these affect movement. They will identify how these relate to everyday objects.<br><b>Seasonal Changes:</b> These will be conducted by the class teacher through the general curriculum. |
| Geography                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | PSHE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | History                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Pupils will start the term by exploring where they belong within the local community. They will learn how to structure an address correctly and understand its real-world importance. After comparing their daily journeys to school and identifying familiar local landmarks, pupils will begin handling maps to learn their purpose and utility. Focusing on their immediate locality, they will study the Abingdon Prep School grounds while practicing directional language to describe routes and features. Finally, integrated with their History topic on the Great Fire of London, pupils will explore the physical and human geography of the City of London. | This term the pupils in Year 1 will be discussing the Pre-Prep Values and will understand how they help to make a safe and caring classroom. They will also be focusing on the importance of good listening and cooperation between all class members. Later this term they will be learning about how our behaviour and choices can affect others. They will discuss their personal feelings and emotions, and how to manage these feelings. They will also be developing skills to build resilience and emotional health.                                                                                          | Pupils will begin the year by exploring changes within living memory through discussions about their family members. Their main history unit will focus on changes beyond living memory, centered around the Great Fire of London. Alongside this, pupils will study significant annual commemorations and traditions, including Remembrance and the Christmas Story. Throughout these topics, they will build their historical vocabulary, practice placing events and artifacts in chronological order, and examine how daily life has transformed over time.                                                                        |
| Art                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | RE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Computing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| This term the pupils will be creating self-portraits in different artistic styles. They will develop their observation and sketching skills to create increasingly accurate self-portraits. They will also learn how to hold a paintbrush and think about using the appropriate brush for different paintings. They will be learning about the primary and secondary colours as well as how to mix paints to create different colours. The pupils will have the chance to explore colour and texture through their own self-portraits in the style of Andy Warhol, Frida Kahlo and Paul Klee.                                                                          | This term, Year 1 pupils will be learning about the importance of being a good friend. They will reflect on who their friends are and identify the qualities that make them good friends. They will also consider how they can be good friends to others and discuss strategies for resolving conflicts when friends disagree. Additionally, the pupils will explore stories of friendship from various religions and reflect on how the characters in these stories demonstrate their friendships. They will learn about the Christian festivals of Harvest, Advent, and Christmas, with a                          | Pupils will explore these themes:<br>E-safety: Pupils will agree and follow sensible e-safety rules.<br>Technology around us: They will recognise technology in school and use it responsibly.<br>Digital painting: They will choose appropriate tools in a program to create art, and make comparisons with working non-digitally.                                                                                                                                                                                                                                                                                                    |

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| <b>Physical Education</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Music</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>DT</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>French</b>                                                                                                                                                                                                        |  |
| <p>The pupils will practise the following activities to improve fundamental movement skills:</p> <p><b>Gymnastics:</b> Pupils will explore movement involving travelling, jumping, balancing and rolling using various apparatus. They will explore different body shapes and use a variety of body parts.</p> <p><b>Swimming:</b> They will continue to develop confidence in the water and introduce more specific techniques in front crawl, backstroke and breaststroke.</p> <p><b>Sport:</b> Pupils will develop the key skills of agility, balance and coordination. This will involve the key aspects of running, starting and stopping, and the basics of throwing, catching and kicking for coordination.</p> | <p><b>Ready, Steady, Music!</b> is a lively introduction to Year 1 music, designed to help pupils settle into music lessons and begin developing the key habits, skills and confidence needed to become young musicians. Through singing games, movement activities, body percussion, listening tasks and simple classroom percussion, children explore the building blocks of music in a practical and playful way.</p> <p>In the second half of term, pupils will be preparing for their Nativity performance</p> | <p>This term the Year 1 pupils will complete the following units:</p> <p><b>Safety:</b> They will regularly review the rules in DT and learn how to use equipment.</p> <p><b>Techniques:</b> They will use simple tools and materials such as pencils, rulers, scissors, different adhesives, sticky tape and hole-punches with greater accuracy and coordination. The pupils will also have the opportunity to work with a hammer and nails, handsaws and sandpaper.</p> | <p>This term the pupils will be introduced to French through a range of speaking and listening activities, rhymes and songs and role-play. We will focus on learning French greetings and numbers in particular.</p> |  |