

## Lunch Autumn Week 1

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Spiced Beef Fajita's With Salsa & Sour Cream	Gloucestershire Hot Pot	Roast Turkey, Sage & Onion Stuffing & Gravy	Chicken Curry	Fish Friday
Butternut Squash Risotto With Sage Oil	Stuffed Pepper with Cous Cous Aubergine & Basil	Spinach & Ricotta Lasagne	Butternut Squash & Feta Roast & New Potatoes	Roasted Vegetable Frittata With Basil Oil
Boiled Rice Peas Fresh Mixed Salad	Parsley New Potatoes Broccoli Florets Sweetcorn	Roast Potatoes Cauliflower Cheese Cabbage	Braised Pilau Rice Mediterranean Roasted Vegetables Green Beans	Chips Peas Baked Beans
Fruit & Oat Crumble & Custard	Lemon Curd Sponge & Cream	Orange Jelly	Flapjack	Apple Sponge & Cream

**An assortment of salads and cold desserts, are available daily**

**If you suffer from a food allergy or intolerance you are advised to consult with the Sodexo Manager or Head Chef.**

## Lunch Autumn Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pork & Herb Sausages In Red Onion Gravy	Beef Meatballs with Spicy Tomato Sauce	Roast Leg of Pork With Glazed Bramley Apple	Shepherd's Pie with Crushed New Potato Topping	Fish Friday
Baked Aubergine Slices With Mozzarella	Root Vegetable Thai Curry	Quesadilla Torte	Mushroom, Thyme & Goat's Cheese Tart	Baked Penne with Tomatoes, Ricotta & Spinach
Garlic Potatoes Sweetcorn Carrot Roundels	Steamed Rice Peas Coleslaw	Roast Potatoes Braised Red Cabbage with Apple Cauliflower & Broccoli Cheese	Boiled New Potatoes Herby Roasted Vegetables Green Beans	Chips Slow Roasted Tomatoes Peas
Chocolate Sponge & Chocolate Sauce	Fruit Fool	Strawberry Jelly	Apple Cinnamon Crumble & Custard	Carrot & Orange Cake & Cream

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### Lunch Autumn Week 3

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Lemon Chicken with Butter Beans & Basil	Beef Lasagne	Honey Roast Gammon	Diced Pork Shoulders With BBQ Sauce	Fish Friday
Butternut Squash & Sweet Potato Lasagne	Melted Cheese Frittata With Mushrooms	Swedish Quorn Balls In Tomato Sauce	Macaroni Cheese	Cheese & Onion Calzone
Noodles Stir Fry Vegetables Green Beans	Sauteed Potatoes Sweetcorn Honey & Lemon Carrots	Roast Potatoes Savoy Cabbage Peas	Boiled Potatoes Sauteed Leeks & Mushrooms	Chips Baked Beans Peas & Carrots
Creamy Rice Pudding & Jam Sauce	Vanilla Ice Cream	Blackcurrant Jelly	Chocolate, Pear & Ginger Crumble & Custard	Treacle Sponge & Custard

**An assortment of salads and cold desserts, are available daily**

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