



Abingdon Prep Academy

HOLIDAY COURSES



ABINGDON
PREPARATORY SCHOOL



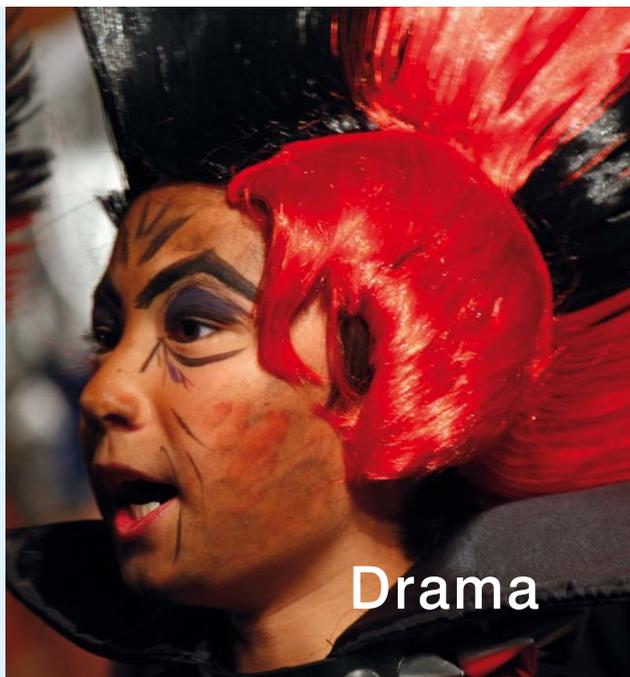
The **Abingdon Prep Academy** provides a wide range of courses for girls and boys during the school holidays. Courses cover Music, Drama, Art, Sport and workshops in a range of activities including investigating science. The courses provide an opportunity for children to grow in confidence and to enjoy learning new, or develop existing, skills in an encouraging and enthusiastic environment. The courses are run by qualified DBS-checked coaches, have an excellent staff:children ratio and use the superb facilities at Abingdon Prep School.

Drama Workshop

Girls and boys: Two courses for Years 1 to 4 and Years 5 to 8

The courses include:

- Using your voice, breathing and stage presence
- Warm-up techniques to improve confidence, imagination and taking on a role
- Reading and writing scripts, focusing on dramatic techniques and characterisation
- Auditioning
- Rehearsals
- Analysing performances
- Simple props to create group mini-performances



Drama



Sport

Rugby

Boys: Years 3 to 8

The Rugby course develops a range of skills through games and drills. Beginners and experienced players are welcome and coaching is in small groups according to ability. Rugby expertise and innovative coaching is delivered by RFU qualified staff. Activities include:

- Footwork development (SAQ – Speed, Agility, Quickness)
- Attacking fundamentals
- Essential breakdown skills (attack and defence)
- Establishing strong core skills
- Individual and team defence
- Winning the ball and advanced techniques for young players.

Cricket

Girls and boys: Years 4 to 8

Players are challenged in all areas of their cricket in age- and ability-appropriate groups. The sessions, led by minimum ECB Level 2 coaches, feature drills, games, net sessions, game situations and matches to improve each player's batting, bowling, fielding, wicket-keeping and understanding of cricket. The use of the latest coaching techniques and video analysis make this an unforgettable and invaluable experience for players of all abilities.



Please also see our **Multi-Sport and Activity Course** that appears in our Multi-Activity section.



Art

Art Workshop

Girls and boys: Years 5 to 8

Come and join us in the Art Department for some African activities. We explore African art and discover shapes and patterns through mask making. We then transfer our card-building skills to create life-size shields. Finally, we experiment with using recycled materials to create some modern, African-inspired sculptures.



Multi-Activity Courses

Arts and Crafts

Girls and boys: Years 1 to 4

Our Arts and Crafts course provides children with opportunities to engage in a range of fun and exciting activities and projects in an encouraging environment where each day will be unique and creative. They will have opportunities to work individually and as part of a group. Activities include:

- Drama
- Outdoor activities
- Art
- Science
- CDT
- Cooking

Music

Music Theory and Technology

Girls and boys: Years 5 to 8

This course is run over two days in which students work towards writing music for an advert or short film. The course covers:

- Basic music theory
- Composing music
- Using a DAW system (digital audio workstation)
- Midi programming
- Cloud-based music software
- Composing music for an advert



Guitar Workshop

Girls and boys: Years 3 to 8

The two-day guitar course provides mixed-ability ensemble tuition. It is suitable for classical, acoustic and electric guitarists. Students receive expert tuition from professional guitarists who collectively have many years of teaching and performing between them.

The courses include:

- Rhythm
- Fretboard fluency
- Ear training
- Improvisation
- Ensemble playing
- The students work towards a short concert and recording on the second day.



Multi-Sport and Activity

Girls and boys: Years 1 to 4

Our Multi-Sport and Activity course focuses on creating a positive and fun environment to learn new skills, try out new sports and make new friends. There is swimming, and lots of fun games as well as sessions on agility, balance, coordination and speed. Children also have the opportunity to spend time on activities such as arts and crafts, treasure hunts, CDT and much more, making each day varied and exciting. All sporting sessions are delivered by qualified coaches and the programme includes a range of sports including:

- Football
- Cricket
- Hockey
- Tennis
- Basketball

Drum and Ukulele Workshop

Girls and boys: Years 2 to 4

This one-day workshop is ideal for those who would like to try something new. Students will receive tuition in playing ukulele, drums and simple hand percussion. If you have never played an instrument or would like to learn to play the ukulele or drums this workshop is for you. A range of ukuleles and percussion instruments will be provided.

The day focuses on:

- Rhythm reading
- Simple strumming patterns
- Working with a conductor
- Playing simple chords and melodies
- Reading notation



Science



Science Workshop

Girls and boys: Years 5 to 8

An exciting and alternative Science Workshop. With plenty of fun experiments, this two-day course is a must for enthusiastic, budding scientists of all abilities. The course will feature the three areas below and much more:

Colourful Chemistry – An exciting lab-based insight into a range of creative, real-life applications of chemistry. Students use bunsen burners, metal salts and more to explore a variety of visual chemical reactions.

Forensics – CSI Abingdon Prep Academy! Designed to engage students in the fascinating world of forensic science by learning the basic techniques used by forensic scientists and crime scene investigators. These include fingerprinting, casting, chromatography, searching for trace evidence and the role of DNA in eliminating suspects.

A Question of Taste – Exploring an unusual human trait using DNA extraction, PCR and gel electrophoresis, students will investigate their own DNA to discover if they possess the bitter taste gene. Social and moral implications surrounding these genetic technologies will also be discussed.



Further information, course dates,
duration and to book online:

www.abingdon.org.uk/prep/academy

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PREPARATORY SCHOOL

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