

## SPORTS ACADEMY STAFF

The Sports Academy is run by experienced, fully qualified teaching staff. All staff are CRB checked.

### PRINCIPAL COACHES



**Caroline Park** works with nurseries in Gloucestershire developing Child Movement Programs. She was previously a lecturer at Manchester Met University working in Child Movement and coaching. As Head of PE at Millfield Prep, she was in charge of developing the Pre-Prep PE program, and is now Head of Girls' Games at Cheltenham College.



**Ashley David-Ward** is the Director of Sport at Abingdon Preparatory School. Ashley is a former professional rugby player with Harlequins, Pontypool, Neath and England U19's between 1986 – 1996 and has a coaching background that includes Neath-Swansea Ospreys Academy (Celtic League), Old Patesians (Division 3 South) and the South West Preparatory School Barbarians. Ashley is an ECB and RFU Level 2 Coach who brings a wealth of experience and expertise to the Sports Academy.



ABINGDON  
PREPARATORY SCHOOL

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go to [www.abingdon.org.uk/prep/sports\\_academy](http://www.abingdon.org.uk/prep/sports_academy)  
to complete the online booking form

e-mail: [registrar@abingdonprep.org.uk](mailto:registrar@abingdonprep.org.uk)



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## SPORTS ACADEMY

### MULTI-SPORTS ACTIVITY

Boys and girls aged 5 – 8 years

### CRICKET ACADEMY

Boys and girls aged 7 – 13 years

### RUGBY ACADEMY

Boys aged 9 – 13 years

*Our aim is to instil a sense of excitement in children as they learn, whilst fostering their confidence, fitness, generosity of spirit and sense of fair play.*



As part of the rich sporting heritage of the Abingdon School Foundation, the academy provides an outstanding experience for enthusiastic young players who will enjoy improving their skills whilst having fun and making new friends.





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PREPARATORY SCHOOL

## SPORTS ACADEMY

The sports academy at Abingdon Preparatory School is led by specialist teachers and coaches with extensive experience of rugby, cricket and child physical development. The courses use our outstanding sporting facilities and deliver cutting edge coaching which incorporates fundamental (agility, balance and co-ordination) as well as specific sports skills.



## SUMMER 2011 COURSES

### MULTI-SPORTS ACTIVITY

**1 – 5 August** : Boys and girls aged 5 – 8 years

*Combines the development of fundamental skills (agility, balance & co-ordination) with games, which nurtures social development in a safe and fun environment.*

Instruction led by a Child Development expert (Caroline Park) and the Director of Sport at Abingdon Prep (Ashley David-Ward).

Sports activities include: **Swimming, Ball Skills, Short Tennis, Football, Tag Rugby, Quick Cricket, Agility, Balance & Co-ordination Circuits.** Fun activities include: **Face Painting, T-Shirt Design and Treasure Hunt.**

Maximum ratio of coaches to children 1:8

**Monday – Friday: 9.00am – 4.30pm**  
Cost: **5 days £139**      **daily rate £32**



### CRICKET ACADEMY

**8 – 12 August** : Boys and girls aged 7 – 13 years

Cricket expertise and innovative coaching delivered by ECB qualified staff

Maximum ratio of coaches to children 1:12

**Monday – Friday: 9.30am – 3.00pm**  
Cost: **5 days £129**      **daily rate £29**

### RUGBY ACADEMY

**22 – 26 August** : Boys aged 9 – 13 years

Rugby expertise and innovative coaching delivered by RFU qualified staff.

**Professional player visits.**

Maximum ratio of coaches to children 1:12

**Monday – Friday: 9.30am – 3.00pm**  
Cost: **5 days £129**      **daily rate £29**



Early drop off and after club care are available for each course at an additional cost.